



Lucilles BBQ Menu Analysis Book for Core Items

2,000 calories a day is used for general nutrition advice, but calorie needs may vary. Values listed are per single serving unless otherwise stated.

Nutritional Information: The information listed on our menus and websites is meant to provide a general estimate of the nutritional values associated with our menu items. Nutritional values for some menu items, such as those that are limited time only may not be available at this time

| Startin Out Items | Total Calories | Total Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
|--|----------------|----------------|--------------|---------------|-------------------|---------------|------------------|-------------|-----------------|-----------|------------|-------------|------------|------------|--------------|-----------|
| BBQ Rib Tip Appetizer (1 serving) | 1460 | 1455 | 940 | 104 | 40 | 0 | 360 | 2539 | 56 | 1 | 33 | 72 | 979 | 3 | 54 | 2 |
| BBQ Rib Tip Appetizer, Half (1 serving) | 770 | 768 | 470 | 52 | 20 | 0 | 180 | 1344 | 38 | 0 | 24 | 36 | 540 | 2 | 37 | 1 |
| Cracked Out Deviled Bacon Eggs (1 serving) | 770 | 772 | 567 | 63 | 16 | 0 | 688 | 1017 | 15 | 2 | 5 | 33 | 1361 | 12 | 126 | 4 |
| Hot Honey Cauliflower Bites (1 serving) | 450 | 446 | 110 | 12 | 2 | 0 | 8 | 1224 | 74 | 7 | 43 | 10 | 395 | 106 | 127 | 2 |
| Hot Honey Sauce (1 serving) | 340 | 338 | 2 | 0 | 0 | 0 | 0 | 1 | 81 | 1 | 75 | 0 | 163 | 0 | 2 | 0 |
| Loaded Chopped Brisket Fries (1 serving) | 1540 | 1544 | 778 | 86 | 36 | 0 | 206 | 3771 | 134 | 10 | 40 | 55 | 2345 | 57 | 817 | 6 |
| Loaded Fried Green Tomatoes (1 serving) | 680 | 678 | 240 | 27 | 6 | 0 | 23 | 2324 | 94 | 9 | 16 | 20 | 1446 | 39 | 297 | 4 |
| Lucille's Onion Straws (1 serving) | 900 | 899 | 298 | 33 | 6 | 0 | 24 | 2402 | 134 | 7 | 39 | 20 | 407 | 27 | 315 | 5 |

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|--|----------------|--------------|------------|--------------|--------------|--------------|---------------|-------------|--------------|--------------|--------------|---------------|--------------|--------------|---------------|-------------|
| Lucille's Onion Straws, Half (1 serving) | 450 | 450 | 149 | 17 | 3 | 0 | 12 | 1201 | 67 | 3 | 20 | 10 | 204 | 13 | 158 | 2 |
| Pork Belly Burnt Ends (1 serving) | 1170 | 1174 | 857 | 95 | 34 | 0 | 150 | 1822 | 59 | 1 | 34 | 20 | 299 | 2 | 51 | 3 |
| Smokehouse BBQ Nachos (1 serving) | 990 | 989 | 490 | 54 | 30 | 0 | 171 | 1807 | 86 | 10 | 13 | 40 | 2446 | 48 | 912 | 4 |
| Smokehouse BBQ Nachos (1 serving) with Chicken | 1200 | 1200 | 624 | 69 | 33 | 0 | 225 | 2041 | 86 | 10 | 13 | 58 | 2518 | 48 | 923 | 5 |
| Smokehouse BBQ Nachos (1 serving) with Pulled Pork | 1150 | 1154 | 592 | 66 | 34 | 0 | 227 | 2046 | 87 | 10 | 14 | 55 | 2447 | 49 | 930 | 5 |
| Smokehouse BBQ Nachos (1 serving) with Smoked Beef Brisket | 1210 | 1208 | 637 | 71 | 36 | 0 | 228 | 2145 | 87 | 10 | 15 | 56 | 2447 | 48 | 922 | 6 |
| Southern Fried Dill Pickles (1 serving) | 1180 | 1182 | 674 | 75 | 12 | 0 | 46 | 6043 | 112 | 5 | 11 | 19 | 599 | 2 | 159 | 5 |
| Southern Fried Dill Pickles, Half (1 serving) | 590 | 591 | 337 | 37 | 6 | 0 | 23 | 3021 | 56 | 2 | 6 | 9 | 300 | 1 | 79 | 2 |
| Southern Fried Pickles (1 serving) | 860 | 857 | 388 | 43 | 7 | 0 | 25 | 5217 | 104 | 4 | 8 | 16 | 568 | 2 | 131 | 5 |
| Spinach and Cheese Dip (1 serving) | 1050 | 1048 | 451 | 50 | 20 | 0 | 63 | 2028 | 111 | 9 | 14 | 37 | 9572 | 22 | 1033 | 4 |
| Happy Hour Items | Rounded | Total | Fat | Total | Satur | Trans | Chole | Sodi | Total | Fiber | Sugar | Protei | Vit A | Vit C | Calciu | Iron |
| | Calori | es | es | (g) | ated | Fat | sterol | m | Carbs | (g) | (g) | n (g) | (iu) | (mg) | (mg) | (mg) |
| Happy Hour BBQ Rib Tips (1 serving) | 1210 | 1211 | 705 | 78 | 30 | 0 | 270 | 2129 | 71 | 1 | 48 | 54 | 884 | 4 | 71 | 3 |
| Happy Hour BLT Wedge Salad (1 serving) | 300 | 299 | 191 | 21 | 5 | 0 | 23 | 656 | 21 | 3 | 14 | 7 | 1309 | 8 | 114 | 1 |
| Happy Hour Buffalo Cauliflower Bites (1 serving) | 310 | 309 | 182 | 20 | 5 | 0 | 25 | 2452 | 23 | 4 | 6 | 9 | 1312 | 54 | 162 | 1 |
| Happy Hour Cracked Deviled Eggs (1 serving) | 460 | 464 | 327 | 36 | 9 | 0 | 447 | 588 | 13 | 1 | 3 | 20 | 690 | 7 | 84 | 3 |
| Happy Hour Hot Honey Fried Chicken (1 serving) | 650 | 646 | 218 | 24 | 6 | 0 | 132 | 1626 | 73 | 1 | 58 | 31 | 797 | 15 | 76 | 3 |
| Happy Hour Loaded Fried Green Tomatoes (1 serving) | 450 | 448 | 158 | 18 | 4 | 0 | 14 | 1537 | 62 | 6 | 10 | 13 | 865 | 22 | 190 | 3 |
| Happy Hour Nashville Chicken Strips and Chips (1 serving) | 1430 | 1429 | 771 | 86 | 12 | 0 | 108 | 3676 | 114 | 7 | 14 | 49 | 479 | 12 | 146 | 6 |
| Happy Hour Nashville Fried Chicken (1 serving) | 860 | 856 | 604 | 67 | 17 | 0 | 157 | 2300 | 29 | 2 | 15 | 31 | 763 | 15 | 79 | 3 |

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|---|------|------|------|-----|----|---|-----|------|-----|---|----|----|------|----|-----|---|
| Happy Hour Nashville Hot Chicken Sandwich (1 serving) | 2270 | 2273 | 1573 | 175 | 22 | 0 | 169 | 2734 | 120 | 5 | 38 | 52 | 1545 | 22 | 222 | 6 |
| Happy Hour New Orleans Gumbo (1 serving) | 350 | 350 | 173 | 19 | 5 | 0 | 69 | 700 | 28 | 1 | 2 | 15 | 531 | 31 | 44 | 2 |
| Happy Hour Pulled Chicken Nachos (1 serving) | 970 | 966 | 500 | 56 | 30 | 0 | 194 | 1548 | 75 | 7 | 20 | 42 | 2128 | 34 | 848 | 4 |
| Happy Hour Pulled Pork Sandwich (1 serving) | 610 | 608 | 300 | 33 | 12 | 0 | 154 | 777 | 43 | 2 | 9 | 34 | 241 | 2 | 63 | 3 |
| Happy Hour Smoked Brisket Nachos (1 serving) | 790 | 786 | 405 | 45 | 22 | 0 | 137 | 1311 | 63 | 7 | 10 | 34 | 1485 | 28 | 519 | 4 |
| Happy Hour Southern Fried Dill Pickles (1 serving) | 590 | 591 | 337 | 37 | 6 | 0 | 23 | 3021 | 56 | 2 | 6 | 9 | 300 | 1 | 79 | 2 |
| Happy Hour Spinach and Cheese Dip (1 serving) | 580 | 577 | 259 | 29 | 12 | 0 | 36 | 1202 | 58 | 5 | 9 | 21 | 5778 | 16 | 597 | 2 |
| Smoked BBQ Pulled Pork Nachos (1 serving) | 960 | 961 | 528 | 59 | 31 | 0 | 202 | 1588 | 64 | 7 | 10 | 46 | 2022 | 33 | 845 | 3 |

Slow Smoked Bar B Que Items

| | Rounded Calori | Total Calories | Fat Calories | Total Fat (g) | Saturated Fat | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
|---|-----------------------|-----------------------|---------------------|----------------------|----------------------|----------------------|-------------------------|--------------------|------------------------|------------------|-------------------|--------------------|-------------------|-------------------|---------------------|------------------|
| Alabama Half Chicken (1 serving) | 1650 | 1646 | 1298 | 144 | 28 | 0 | 227 | 2099 | 33 | 1 | 32 | 45 | 810 | 17 | 38 | 3 |
| BBQ Beef Ribs, 3 Bones (1 serving) | 710 | 706 | 173 | 19 | 8 | 0 | 160 | 1574 | 75 | 0 | 63 | 54 | 724 | 5 | 106 | 9 |
| BBQ Chicken, 1/2 (1 serving) | 710 | 707 | 331 | 37 | 10 | 0 | 182 | 1456 | 44 | 0 | 37 | 45 | 935 | 18 | 74 | 4 |
| BBQ Tri Tip, 8 oz (1 serving) | 490 | 491 | 197 | 22 | 8 | 0 | 163 | 1473 | 25 | 0 | 20 | 48 | 142 | 2 | 93 | 4 |
| Baby Back Ribs, 1/3 Rack (1 serving) | 640 | 636 | 357 | 40 | 15 | 0 | 136 | 1139 | 38 | 0 | 32 | 27 | 217 | 3 | 94 | 3 |
| Baby Back Ribs, Full Rack (1 serving) | 1560 | 1562 | 1083 | 120 | 45 | 0 | 413 | 2768 | 29 | 0 | 24 | 82 | 201 | 3 | 195 | 6 |
| Baby Back Ribs, Half Rack (1 serving) | 840 | 841 | 542 | 60 | 22 | 0 | 207 | 1496 | 29 | 0 | 24 | 41 | 176 | 2 | 112 | 3 |
| Pulled Pork Dinner, 8 oz (1 serving) | 530 | 530 | 272 | 30 | 10 | 0 | 150 | 1375 | 23 | 0 | 18 | 40 | 401 | 5 | 89 | 3 |
| St Louis Spare Ribs, 1/3 Rack (1 serving) | 570 | 566 | 359 | 40 | 15 | 0 | 131 | 767 | 20 | 0 | 16 | 29 | 319 | 1 | 76 | 3 |

| | | | | | | | | | | | | | | | | |
|--|------|------|------|-----|----|---|-----|------|----|---|----|----|------|---|-----|---|
| St Louis Spare Ribs, Full Rack (1 serving) | 1720 | 1718 | 1089 | 121 | 46 | 0 | 398 | 3167 | 60 | 1 | 49 | 88 | 1312 | 5 | 235 | 8 |
| St Louis Spare Ribs, Half Rack (1 serving) | 900 | 899 | 544 | 60 | 23 | 0 | 199 | 1658 | 39 | 1 | 32 | 44 | 706 | 3 | 128 | 4 |
| Texas Style Beef Brisket, 8 oz (1 serving) | 650 | 652 | 392 | 44 | 17 | 0 | 154 | 1546 | 21 | 1 | 17 | 43 | 107 | 2 | 48 | 5 |

Bar B Que Platters

| | Rounded Calori Calori | Total Calori es | Fat Calori es | Total Fat (g) | Satur ated Fat | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--|--------------------------------------|--------------------------------|------------------------------|------------------------------|-------------------------------|------------------------------|----------------------------------|-----------------------------|--------------------------------|----------------------|----------------------|-------------------------|-----------------------|-----------------------|------------------------------|----------------------|
| BBQ Three Meat Combo (1 serving) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| BBQ Three Meat Combo (1 serving) with Alabama Chicken | 1650 | 1646 | 1298 | 144 | 28 | 0 | 227 | 2099 | 33 | 1 | 32 | 45 | 810 | 17 | 38 | 3 |
| BBQ Three Meat Combo (1 serving) with BBQ Half Chicken | 710 | 707 | 331 | 37 | 10 | 0 | 182 | 1456 | 44 | 0 | 37 | 45 | 935 | 18 | 74 | 4 |
| BBQ Three Meat Combo (1 serving) with BBQ Tri Tip | 370 | 368 | 148 | 16 | 6 | 0 | 123 | 1105 | 18 | 0 | 15 | 36 | 106 | 2 | 70 | 3 |
| BBQ Three Meat Combo (1 serving) with Baby Back Ribs | 560 | 558 | 358 | 40 | 15 | 0 | 136 | 1200 | 19 | 0 | 16 | 27 | 204 | 2 | 76 | 2 |
| BBQ Three Meat Combo (1 serving) with Beef Ribs | 590 | 591 | 115 | 13 | 5 | 0 | 107 | 1275 | 79 | 0 | 66 | 36 | 633 | 5 | 101 | 7 |
| BBQ Three Meat Combo (1 serving) with Brisket Burnt Ends | 560 | 557 | 293 | 33 | 13 | 0 | 116 | 899 | 32 | 0 | 27 | 32 | 151 | 2 | 51 | 4 |
| BBQ Three Meat Combo (1 serving) with Jalapeno Cheddar Sausage | 720 | 720 | 576 | 64 | 24 | 0 | 160 | 1560 | 4 | 0 | 0 | 32 | 400 | 0 | 160 | 3 |
| BBQ Three Meat Combo (1 serving) with Pork Belly Burnt Ends | 980 | 979 | 817 | 91 | 32 | 0 | 120 | 1540 | 26 | 0 | 23 | 16 | 67 | 1 | 16 | 2 |
| BBQ Three Meat Combo (1 serving) with Pulled Chicken | 380 | 378 | 130 | 14 | 4 | 0 | 94 | 389 | 38 | 0 | 32 | 21 | 345 | 5 | 52 | 3 |
| BBQ Three Meat Combo (1 serving) with Pulled Pork | 400 | 397 | 204 | 23 | 8 | 0 | 113 | 1031 | 17 | 0 | 14 | 30 | 301 | 4 | 67 | 2 |
| BBQ Three Meat Combo (1 serving) with Sliced Brisket | 560 | 557 | 293 | 33 | 13 | 0 | 116 | 899 | 32 | 0 | 27 | 32 | 151 | 2 | 51 | 4 |
| BBQ Three Meat Combo (1 serving) with Smoked Rib Tips | 660 | 661 | 305 | 34 | 13 | 0 | 117 | 1178 | 63 | 0 | 48 | 24 | 553 | 4 | 65 | 2 |
| BBQ Three Meat Combo (1 serving) with St Louis Ribs | 570 | 566 | 359 | 40 | 15 | 0 | 131 | 767 | 20 | 0 | 16 | 29 | 319 | 1 | 76 | 3 |
| BBQ Three Meat Combo (1 serving) with Texas Red Hot Sausage | 600 | 600 | 486 | 54 | 20 | 0 | 130 | 1540 | 4 | 0 | 2 | 28 | 200 | 0 | 40 | 2 |
| BBQ Two Meat Combo (1 serving) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| BBQ Two Meat Combo (1 serving) with Alabama Chicken | 1650 | 1646 | 1298 | 144 | 28 | 0 | 227 | 2099 | 33 | 1 | 32 | 45 | 810 | 17 | 38 | 3 |
| BBQ Two Meat Combo (1 serving) with BBQ Half Chicken | 710 | 707 | 331 | 37 | 10 | 0 | 182 | 1456 | 44 | 0 | 37 | 45 | 935 | 18 | 74 | 4 |
| BBQ Two Meat Combo (1 serving) with BBQ Tri Tip | 370 | 368 | 148 | 16 | 6 | 0 | 123 | 1105 | 18 | 0 | 15 | 36 | 106 | 2 | 70 | 3 |
| BBQ Two Meat Combo (1 serving) with Baby Back Ribs | 560 | 558 | 358 | 40 | 15 | 0 | 136 | 1200 | 19 | 0 | 16 | 27 | 204 | 2 | 76 | 2 |
| BBQ Two Meat Combo (1 serving) with Beef Ribs | 590 | 591 | 115 | 13 | 5 | 0 | 107 | 1275 | 79 | 0 | 66 | 36 | 633 | 5 | 101 | 7 |
| BBQ Two Meat Combo (1 serving) with Brisket Burnt Ends | 560 | 557 | 293 | 33 | 13 | 0 | 116 | 899 | 32 | 0 | 27 | 32 | 151 | 2 | 51 | 4 |
| BBQ Two Meat Combo (1 serving) with Jalapeno Cheddar Sausage | 720 | 720 | 576 | 64 | 24 | 0 | 160 | 1560 | 4 | 0 | 0 | 32 | 400 | 0 | 160 | 3 |
| BBQ Two Meat Combo (1 serving) with Pork Belly Burnt Ends | 980 | 979 | 817 | 91 | 32 | 0 | 120 | 1540 | 26 | 0 | 23 | 16 | 67 | 1 | 16 | 2 |
| BBQ Two Meat Combo (1 serving) with Pulled Chicken | 380 | 378 | 130 | 14 | 4 | 0 | 94 | 389 | 38 | 0 | 32 | 21 | 345 | 5 | 52 | 3 |
| BBQ Two Meat Combo (1 serving) with Pulled Pork | 400 | 397 | 204 | 23 | 8 | 0 | 113 | 1031 | 17 | 0 | 14 | 30 | 301 | 4 | 67 | 2 |
| BBQ Two Meat Combo (1 serving) with Sliced Brisket | 560 | 557 | 293 | 33 | 13 | 0 | 116 | 899 | 32 | 0 | 27 | 32 | 151 | 2 | 51 | 4 |

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|---|------|------|-----|----|----|---|-----|------|-----|---|----|----|-----|---|-----|---|
| BBQ Two Meat Combo (1 serving) with Smoked Rib Tips | 660 | 661 | 305 | 34 | 13 | 0 | 117 | 1178 | 63 | 0 | 48 | 24 | 553 | 4 | 65 | 2 |
| BBQ Two Meat Combo (1 serving) with St Louis Ribs | 570 | 566 | 359 | 40 | 15 | 0 | 131 | 767 | 20 | 0 | 16 | 29 | 319 | 1 | 76 | 3 |
| BBQ Two Meat Combo (1 serving) with Texas Red Hot Sausage | 600 | 600 | 486 | 54 | 20 | 0 | 130 | 1540 | 4 | 0 | 2 | 28 | 200 | 0 | 40 | 2 |
| Down South Duo (1 serving) | 690 | 687 | 144 | 16 | 5 | 0 | 92 | 2675 | 92 | 2 | 9 | 45 | 326 | 4 | 235 | 5 |
| Down South Duo (1 serving) with Baby Back Ribs | 1240 | 1245 | 502 | 56 | 20 | 0 | 229 | 3875 | 111 | 2 | 25 | 72 | 529 | 6 | 311 | 8 |
| Down South Duo (1 serving) with St Louis Ribs | 1290 | 1293 | 503 | 56 | 20 | 0 | 224 | 3517 | 121 | 2 | 33 | 74 | 695 | 6 | 321 | 8 |

| | Round | Total | Fat | Total | Satur | Trans | Chole | Sodiu | Total | Fiber | Sugar | Protei | Vit A | Vit C | Calciu | Iron |
|---|--------|--------|--------|-------|-------|-------|--------|-------|-------|-------|-------|--------|-------|-------|--------|------|
| Bar B Que Feasts | ded | Calori | Calori | Fat | ated | Fat | sterol | m | Carbs | (g) | (g) | (g) | (iu) | (mg) | m | (mg) |
| | Calori | es | es | (g) | Fat | (g) | (mg) | (mg) | (g) | | | | | | (mg) | (mg) |
| Lucille's Family Supper (1 serving) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lucille's Family Supper (1 serving) with Meat Choice Alabama Chicken | 3290 | 3292 | 2596 | 288 | 57 | 0 | 455 | 4199 | 67 | 1 | 63 | 91 | 1621 | 34 | 77 | 5 |
| Lucille's Family Supper (1 serving) with Meat Choice BBQ Half Chicken | 1410 | 1414 | 661 | 73 | 21 | 0 | 364 | 2912 | 87 | 1 | 74 | 91 | 1869 | 36 | 148 | 8 |
| Lucille's Family Supper (1 serving) with Meat Choice Baby Back Ribs | 3700 | 3698 | 2170 | 241 | 89 | 0 | 827 | 8277 | 193 | 1 | 161 | 165 | 1796 | 15 | 542 | 17 |
| Lucille's Family Supper (1 serving) with Meat Choice Beef Ribs | 4150 | 4149 | 808 | 90 | 36 | 0 | 746 | 8947 | 554 | 2 | 464 | 252 | 4447 | 36 | 708 | 49 |
| Lucille's Family Supper (1 serving) with Meat Choice Jalapeno Cheddar Sausage | 1440 | 1440 | 1152 | 128 | 48 | 0 | 320 | 3120 | 8 | 0 | 0 | 64 | 800 | 0 | 320 | 6 |
| Lucille's Family Supper (1 serving) with Meat Choice Pork Belly Burnt Ends | 2300 | 2305 | 1639 | 182 | 64 | 0 | 240 | 3437 | 137 | 1 | 130 | 33 | 8 | 1 | 29 | 3 |
| Lucille's Family Supper (1 serving) with Meat Choice Pulled Chicken | 1510 | 1510 | 519 | 58 | 16 | 0 | 377 | 1558 | 152 | 0 | 128 | 82 | 1381 | 21 | 207 | 10 |
| Lucille's Family Supper (1 serving) with Meat Choice Pulled Pork | 1060 | 1059 | 543 | 60 | 20 | 0 | 300 | 2750 | 47 | 1 | 37 | 80 | 803 | 11 | 179 | 6 |
| Lucille's Family Supper (1 serving) with Meat Choice Smoked Beef Brisket | 1260 | 1258 | 784 | 87 | 34 | 0 | 308 | 2660 | 31 | 1 | 25 | 85 | 144 | 3 | 83 | 9 |
| Lucille's Family Supper (1 serving) with Meat Choice Smoked Rib Tips | 2120 | 2115 | 978 | 109 | 42 | 0 | 374 | 3768 | 201 | 1 | 154 | 75 | 1770 | 12 | 207 | 8 |
| Lucille's Family Supper (1 serving) with Meat Choice Smoked Tri Tip | 890 | 890 | 393 | 44 | 16 | 0 | 327 | 2083 | 28 | 1 | 22 | 95 | 143 | 3 | 160 | 8 |
| Lucille's Family Supper (1 serving) with Meat Choice St Louis Ribs | 3760 | 3756 | 2177 | 242 | 91 | 0 | 796 | 6933 | 196 | 2 | 161 | 176 | 3024 | 14 | 551 | 19 |
| Lucille's Family Supper (1 serving) with Meat Choice Texas Red Hot Sausage | 1510 | 1512 | 1225 | 136 | 50 | 0 | 328 | 3881 | 10 | 0 | 5 | 71 | 504 | 0 | 101 | 5 |
| Lucille's Super Feast (1 serving) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lucille's Super Feast (1 serving) with Meat Choice Alabama Chicken | 6580 | 6584 | 5191 | 577 | 114 | 0 | 910 | 8397 | 134 | 3 | 127 | 182 | 3242 | 67 | 154 | 11 |
| Lucille's Super Feast (1 serving) with Meat Choice Baby Back Ribs | 5550 | 5546 | 3255 | 362 | 134 | 0 | 1240 | 12415 | 290 | 2 | 241 | 248 | 2695 | 22 | 813 | 26 |
| Lucille's Super Feast (1 serving) with Meat Choice Beef Ribs | 6220 | 6223 | 1212 | 135 | 54 | 0 | 1120 | 13421 | 832 | 3 | 696 | 378 | 6670 | 54 | 1062 | 74 |
| Lucille's Super Feast (1 serving) with Meat Choice Jalapeno Cheddar Sausage | 2880 | 2880 | 2304 | 256 | 96 | 0 | 640 | 6240 | 16 | 0 | 0 | 128 | 1600 | 0 | 640 | 12 |
| Lucille's Super Feast (1 serving) with Meat Choice Pork Belly Burnt Ends | 4610 | 4610 | 3278 | 364 | 128 | 0 | 480 | 6874 | 274 | 1 | 260 | 65 | 16 | 3 | 58 | 5 |
| Lucille's Super Feast (1 serving) with Meat Choice Pulled Chicken | 3020 | 3021 | 1038 | 115 | 33 | 0 | 753 | 3116 | 304 | 0 | 256 | 164 | 2763 | 42 | 414 | 21 |
| Lucille's Super Feast (1 serving) with Meat Choice Pulled Pork | 2120 | 2118 | 1086 | 121 | 40 | 0 | 600 | 5500 | 93 | 1 | 73 | 161 | 1605 | 22 | 358 | 11 |
| Lucille's Super Feast (1 serving) with Meat Choice Smoked BBQ Half Chicken | 2830 | 2828 | 1323 | 147 | 42 | 0 | 727 | 5824 | 175 | 2 | 147 | 181 | 3739 | 73 | 296 | 16 |
| Lucille's Super Feast (1 serving) with Meat Choice Smoked Beef Brisket | 2520 | 2515 | 1568 | 174 | 69 | 0 | 617 | 5320 | 62 | 2 | 49 | 170 | 289 | 7 | 166 | 18 |
| Lucille's Super Feast (1 serving) with Meat Choice Smoked Rib Tips | 2640 | 2644 | 1222 | 136 | 52 | 0 | 468 | 4710 | 252 | 1 | 193 | 94 | 2213 | 15 | 258 | 9 |

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|--|------|------|------|-----|-----|---|------|-------|-----|---|-----|-----|------|----|-----|----|
| Lucille's Super Feast (1 serving) with Meat Choice Smoked Tri Tip | 1780 | 1780 | 785 | 87 | 32 | 0 | 653 | 4167 | 56 | 2 | 45 | 189 | 286 | 5 | 319 | 16 |
| Lucille's Super Feast (1 serving) with Meat Choice St Louis Ribs | 5630 | 5634 | 3266 | 363 | 137 | 0 | 1194 | 10400 | 294 | 3 | 242 | 263 | 4536 | 21 | 826 | 28 |
| Lucille's Super Feast (1 serving) with Meat Choice Texas Red Hot Sausage | 2400 | 2400 | 1944 | 216 | 80 | 0 | 520 | 6160 | 16 | 0 | 8 | 112 | 800 | 0 | 160 | 9 |
| Lucille's Tour of BBQ Platter (1 serving) | 950 | 953 | 593 | 66 | 22 | 0 | 213 | 1723 | 41 | 1 | 24 | 46 | 512 | 7 | 100 | 4 |
| Lucille's Tour of BBQ Platter (4 servings) | 3810 | 3814 | 2374 | 264 | 87 | 0 | 851 | 6893 | 163 | 4 | 94 | 185 | 2048 | 27 | 401 | 16 |

Southern Specialties

| | Rounded Calori | Total Calori | Fat Calori | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
|---|-----------------------|---------------------|-------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------------|------------------|-------------------|--------------------|-------------------|-------------------|---------------------|------------------|
| Chimichurri Top Sirloin (1 serving) | 1140 | 1143 | 762 | 85 | 25 | 0 | 142 | 2690 | 40 | 8 | 9 | 52 | 13120 | 50 | 180 | 5 |
| Crispy Lowcountry Shrimp Basket (1 serving) | 910 | 909 | 486 | 54 | 10 | 0 | 219 | 2790 | 74 | 6 | 5 | 35 | 659 | 19 | 118 | 5 |
| Grilled Salmon (1 serving) | 650 | 647 | 430 | 48 | 18 | 0 | 203 | 814 | 4 | 1 | 0 | 46 | 814 | 18 | 111 | 1 |
| Hot Honey Glazed Salmon (1 serving) | 1050 | 1052 | 276 | 31 | 6 | 0 | 134 | 1070 | 135 | 7 | 67 | 54 | 15746 | 61 | 99 | 4 |
| Jambalaya Me-Oh-My-A (1 serving) | 1880 | 1884 | 1090 | 121 | 31 | 0 | 377 | 3085 | 119 | 6 | 11 | 74 | 5773 | 196 | 173 | 11 |
| New Orleans Gumbo (1 serving) | 1350 | 1354 | 602 | 67 | 18 | 0 | 270 | 2371 | 122 | 4 | 5 | 61 | 1824 | 104 | 155 | 9 |
| Southern Fried Chicken (1 serving) | 1240 | 1238 | 415 | 46 | 19 | 0 | 220 | 3746 | 122 | 11 | 25 | 82 | 16127 | 61 | 499 | 7 |

Greens

| | Rounded Calori | Total Calori | Fat Calori | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
|-------------------------------------|-----------------------|---------------------|-------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------------|------------------|-------------------|--------------------|-------------------|-------------------|---------------------|------------------|
| BBQ Chicken Salad (1 salad) | 940 | 938 | 359 | 40 | 13 | 0 | 151 | 2453 | 85 | 10 | 44 | 54 | 8529 | 65 | 493 | 8 |
| BBQ Chicken Salad, Half (1 serving) | 600 | 598 | 233 | 26 | 9 | 0 | 87 | 1478 | 58 | 5 | 32 | 30 | 3143 | 28 | 302 | 5 |
| BLT Wedge Salad, Add On (1 serving) | 300 | 299 | 191 | 21 | 5 | 0 | 23 | 656 | 21 | 3 | 14 | 7 | 1309 | 8 | 114 | 1 |
| Caesar Salad, Add On (1 serving) | 320 | 316 | 211 | 23 | 7 | 0 | 41 | 997 | 14 | 2 | 3 | 11 | 5128 | 20 | 328 | 1 |
| House Salad, Add On (1 serving) | 100 | 97 | 21 | 2 | 0 | 0 | 0 | 207 | 17 | 3 | 3 | 4 | 7365 | 18 | 38 | 1 |

| | | | | | | | | | | | | | | | | |
|--|----------------|---------------|---------------|--------------|--------------|--------------|---------------|--------------|--------------|--------------|--------------|---------------|--------------|--------------|---------------|-------------|
| House Salad, Large, Add On (1 serving) | 380 | 383 | 84 | 9 | 0 | 0 | 0 | 829 | 67 | 10 | 13 | 14 | 29421 | 73 | 150 | 3 |
| Not Your Mama's Chicken Caesar Salad (1 serving) | 1010 | 1006 | 585 | 65 | 26 | 0 | 200 | 2138 | 43 | 6 | 8 | 57 | 14825 | 74 | 909 | 4 |
| Not Your Mama's Chicken Caesar Salad, Half (1 serving) | 500 | 505 | 292 | 32 | 13 | 0 | 100 | 1068 | 22 | 3 | 4 | 28 | 7413 | 41 | 457 | 2 |
| Salad Dressings (3 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Salad Dressings (3 fluid ounces) with Dressing Choice BBQ Ranch | 260 | 265 | 172 | 19 | 3 | 0 | 16 | 429 | 21 | 0 | 16 | 2 | 127 | 1 | 57 | 1 |
| Salad Dressings (3 fluid ounces) with Dressing Choice Balsamic Vinaigrette | 180 | 180 | 135 | 15 | 2 | 0 | 0 | 600 | 15 | 0 | 12 | 0 | 0 | 0 | 0 | 0 |
| Salad Dressings (3 fluid ounces) with Dressing Choice Blue Cheese | 350 | 354 | 327 | 36 | 7 | 0 | 32 | 401 | 4 | 0 | 4 | 3 | 63 | 0 | 38 | 0 |
| Salad Dressings (3 fluid ounces) with Dressing Choice Caesar | 270 | 270 | 216 | 24 | 5 | 0 | 30 | 1080 | 9 | 0 | 3 | 3 | 0 | 0 | 87 | 0 |
| Salad Dressings (3 fluid ounces) with Dressing Choice Honey Mustard | 420 | 424 | 380 | 42 | 6 | 0 | 30 | 345 | 15 | 0 | 12 | 0 | 0 | 0 | 10 | 0 |
| Salad Dressings (3 fluid ounces) with Dressing Choice Ranch | 270 | 274 | 237 | 26 | 4 | 0 | 22 | 421 | 8 | 0 | 4 | 3 | 63 | 0 | 56 | 0 |
| Salad Dressings (3 fluid ounces) with Dressing Choice Roasted Pepper Italian | 60 | 60 | 0 | 0 | 0 | 0 | 0 | 840 | 18 | 0 | 12 | 0 | 0 | 0 | 0 | 0 |
| Salad Dressings (3 fluid ounces) with Dressing Choice Spicy Ranch | 250 | 246 | 211 | 23 | 4 | 0 | 19 | 710 | 7 | 0 | 3 | 3 | 275 | 0 | 51 | 0 |
| Salad Dressings (3 fluid ounces) with Dressing Choice Thousand Island | 390 | 390 | 324 | 36 | 6 | 0 | 30 | 630 | 12 | 0 | 12 | 0 | 0 | 0 | 0 | 0 |
| Salad Dressings (3 fluid ounces) with Dressing Choice Tomato Vinaigrette | 360 | 360 | 234 | 26 | 4 | 0 | 0 | 610 | 33 | 0 | 30 | 0 | 100 | 1 | 20 | 1 |
| Southwest Brisket Chopped Salad (1 salad) | 1140 | 1140 | 626 | 70 | 24 | 0 | 158 | 3591 | 77 | 16 | 24 | 51 | 5242 | 112 | 591 | 10 |
| Southwest Brisket Chopped Salad, Half (1 salad) | 570 | 570 | 313 | 35 | 12 | 0 | 79 | 1796 | 39 | 8 | 12 | 26 | 2621 | 56 | 295 | 5 |
| Tri Tip Wedge Salad (1 serving) | 810 | 809 | 482 | 54 | 13 | 0 | 128 | 1627 | 45 | 7 | 31 | 38 | 2904 | 18 | 271 | 4 |
| Tri Tip Wedge Salad, Half (1 serving) | 410 | 406 | 241 | 27 | 7 | 0 | 64 | 812 | 23 | 3 | 16 | 19 | 1535 | 10 | 136 | 2 |
| Premium Sides | Rounded | Total | Fat | Total | Satur | Trans | Chole | Sodiu | Total | Fiber | Sugar | Protei | Vit A | Vit C | Calciu | Iron |
| | Calori | Calori | Calori | Fat | ated | Fat | sterol | m | Carbs | (g) | (g) | n (g) | (iu) | (mg) | (mg) | (mg) |
| Bacon Ranch Mac, Entree (1 serving) | 320 | 323 | 179 | 20 | 8 | 0 | 39 | 1233 | 25 | 0 | 5 | 13 | 58 | 0 | 223 | 0 |
| Bacon Ranch Mac, Feast (1 serving) | 220 | 216 | 119 | 13 | 5 | 0 | 26 | 822 | 17 | 0 | 3 | 8 | 39 | 0 | 148 | 0 |
| Bacon Ranch Mac, Feast (4 servings) | 860 | 862 | 476 | 53 | 21 | 0 | 104 | 3289 | 66 | 0 | 13 | 34 | 155 | 1 | 593 | 0 |
| Bacon Ranch Mac, Feast (6 servings) | 1290 | 1294 | 715 | 79 | 32 | 0 | 156 | 4933 | 100 | 0 | 19 | 51 | 233 | 2 | 890 | 0 |
| Bacon Ranch Mac, Supper (1 serving) | 160 | 162 | 89 | 10 | 4 | 0 | 20 | 617 | 12 | 0 | 2 | 6 | 29 | 0 | 111 | 0 |
| Bacon Ranch Mac, Supper (4 servings) | 650 | 647 | 357 | 40 | 16 | 0 | 78 | 2466 | 50 | 0 | 10 | 25 | 117 | 1 | 445 | 0 |

| | | | | | | | | | | | | | | | | |
|--|-------|-------|-------|------|-----|---|------|-------|------|----|-----|-----|-------|-----|------|----|
| Corn Pudding (1 serving) | 450 | 455 | 218 | 24 | 13 | 1 | 61 | 538 | 54 | 3 | 15 | 6 | 817 | 5 | 58 | 2 |
| Corn Pudding, Feast (1 serving) | 300 | 303 | 145 | 16 | 8 | 1 | 40 | 358 | 36 | 2 | 10 | 4 | 545 | 3 | 39 | 1 |
| Corn Pudding, Feast (6 servings) | 1820 | 1820 | 873 | 97 | 51 | 4 | 242 | 2151 | 216 | 13 | 60 | 25 | 3268 | 18 | 232 | 6 |
| Corn Pudding, Supper (1 serving) | 230 | 227 | 109 | 12 | 6 | 0 | 30 | 269 | 27 | 2 | 8 | 3 | 409 | 2 | 29 | 1 |
| Corn Pudding, Supper (4 servings) | 910 | 910 | 436 | 48 | 25 | 2 | 121 | 1075 | 108 | 6 | 30 | 13 | 1634 | 9 | 116 | 3 |
| Jalapeno Cheddar Cornbread (1 serving) | 420 | 420 | 226 | 25 | 12 | 1 | 63 | 659 | 42 | 0 | 14 | 7 | 501 | 3 | 128 | 2 |
| Jalapeno Cheddar Cornbread, Super Feast (1 serving) | 230 | 227 | 130 | 14 | 7 | 1 | 36 | 344 | 21 | 0 | 7 | 3 | 318 | 1 | 64 | 1 |
| Jalapeno Cheddar Cornbread, Super Feast (4 servings) | 910 | 908 | 519 | 58 | 28 | 3 | 146 | 1378 | 83 | 1 | 29 | 13 | 1272 | 5 | 256 | 3 |
| Jalapeno Cheddar Cornbread, Super Feast (6 servings) | 1360 | 1362 | 779 | 87 | 42 | 4 | 218 | 2067 | 125 | 1 | 43 | 20 | 1908 | 8 | 384 | 5 |
| Jalapeno Cheddar Cornbread, Supper (1 serving) | 1360 | 1362 | 779 | 87 | 42 | 4 | 218 | 2067 | 125 | 1 | 43 | 20 | 1908 | 8 | 384 | 5 |
| Loaded Mashed Potatoes (1 serving) | 660 | 659 | 504 | 56 | 33 | 0 | 152 | 1104 | 21 | 2 | 5 | 19 | 1131 | 4 | 231 | 1 |
| Loaded Mashed Potatoes, Super Feast (1 serving) | 2630 | 2634 | 2014 | 224 | 130 | 0 | 609 | 4416 | 83 | 9 | 20 | 76 | 4525 | 15 | 924 | 3 |
| Loaded Mashed Potatoes, Super Feast (4 servings) | 10540 | 10538 | 8057 | 895 | 521 | 0 | 2434 | 17664 | 331 | 35 | 80 | 305 | 18101 | 60 | 3696 | 12 |
| Loaded Mashed Potatoes, Super Feast (6 servings) | 15810 | 15807 | 12085 | 1343 | 781 | 0 | 3651 | 26496 | 497 | 52 | 121 | 458 | 27152 | 90 | 5544 | 19 |
| Loaded Mashed Potatoes, Supper (1 serving) | 1320 | 1317 | 1007 | 112 | 65 | 0 | 304 | 2208 | 41 | 4 | 10 | 38 | 2263 | 7 | 462 | 2 |
| Southern Fried Okra, Side (1 serving) | 580 | 581 | 329 | 37 | 6 | 0 | 14 | 1414 | 52 | 3 | 7 | 7 | 58 | 7 | 93 | 2 |
| Southern Fried Okra, Super Feast (1 serving) | 2320 | 2325 | 1314 | 146 | 24 | 0 | 54 | 5656 | 209 | 11 | 28 | 28 | 232 | 29 | 372 | 10 |
| Southern Fried Okra, Super Feast (4 servings) | 9300 | 9299 | 5257 | 584 | 96 | 0 | 216 | 22622 | 835 | 44 | 113 | 114 | 928 | 114 | 1489 | 39 |
| Southern Fried Okra, Super Feast (6 servings) | 13950 | 13949 | 7886 | 876 | 143 | 0 | 324 | 33934 | 1252 | 65 | 169 | 171 | 1392 | 171 | 2234 | 59 |
| Southern Fried Okra, Supper (1 serving) | 1160 | 1162 | 657 | 73 | 12 | 0 | 27 | 2828 | 104 | 5 | 14 | 14 | 116 | 14 | 186 | 5 |
| Street Corn, Side (1 serving) | 490 | 492 | 288 | 32 | 20 | 0 | 85 | 809 | 39 | 4 | 5 | 12 | 1080 | 10 | 183 | 1 |
| Street Corn, Super Feast (1 serving) | 490 | 492 | 288 | 32 | 20 | 0 | 85 | 809 | 39 | 4 | 5 | 12 | 1080 | 10 | 183 | 1 |
| Street Corn, Super Feast (4 servings) | 1970 | 1966 | 1151 | 128 | 80 | 0 | 338 | 3237 | 156 | 16 | 20 | 47 | 4318 | 38 | 730 | 3 |

| | | | | | | | | | | | | | | | | |
|---|-----------------------|---------------------|-------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------------|------------------|-------------------|--------------------|-------------------|-------------------|---------------------|------------------|
| Street Corn, Super Feast (6 servings) | 2950 | 2950 | 1726 | 192 | 120 | 0 | 507 | 4855 | 234 | 24 | 30 | 71 | 6477 | 57 | 1095 | 5 |
| Street Corn, Supper Add (1 serving) | 1470 | 1475 | 863 | 96 | 60 | 0 | 254 | 2428 | 117 | 12 | 15 | 35 | 3239 | 29 | 548 | 2 |
| Sandwiches and Burgers | Rounded Calori | Total Calori | Fat Calori | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
| Lucille's All American Burger (1 serving) | 1150 | 1149 | 699 | 78 | 28 | 0 | 245 | 2504 | 49 | 2 | 17 | 57 | 1240 | 4 | 298 | 6 |
| Lucille's BBQ Tri Tip Sandwich (1 serving) | 700 | 698 | 278 | 31 | 12 | 0 | 183 | 1385 | 59 | 2 | 23 | 45 | 306 | 2 | 100 | 5 |
| Lucille's Original Pulled Pork Sandwich (1 serving) | 610 | 608 | 300 | 33 | 12 | 0 | 154 | 777 | 43 | 2 | 9 | 34 | 241 | 2 | 63 | 3 |
| Memphis Style Pulled Pork Sandwich (1 serving) | 1030 | 1030 | 578 | 64 | 16 | 0 | 170 | 2454 | 74 | 5 | 31 | 37 | 3041 | 42 | 129 | 4 |
| Nashville Hot Chicken Sandwich (1 serving) | 1360 | 1356 | 727 | 81 | 11 | 0 | 143 | 2199 | 106 | 4 | 28 | 50 | 1452 | 21 | 209 | 5 |
| Shrimp Po' Boy Sandwich (1 serving) | 1090 | 1092 | 549 | 61 | 13 | 0 | 161 | 2965 | 98 | 4 | 9 | 35 | 1021 | 10 | 143 | 8 |
| Smokehouse BBQ Bacon Burger (1 serving) | 1350 | 1350 | 660 | 73 | 31 | 0 | 285 | 2537 | 99 | 3 | 48 | 69 | 1636 | 16 | 464 | 8 |
| Smokey Joe Sandwich (1 serving) | 1080 | 1082 | 538 | 60 | 24 | 0 | 195 | 1695 | 93 | 3 | 46 | 42 | 757 | 30 | 345 | 6 |
| Southern Fried Chicken Sandwich (1 serving) | 1430 | 1426 | 533 | 59 | 19 | 0 | 241 | 4309 | 133 | 5 | 16 | 90 | 2993 | 19 | 340 | 9 |
| Swicy Burger (1 serving) | 1350 | 1347 | 742 | 82 | 31 | 0 | 276 | 1413 | 80 | 3 | 40 | 68 | 956 | 1 | 473 | 6 |
| Texas Cheesesteak Sandwich (1 serving) | 960 | 959 | 462 | 51 | 24 | 0 | 151 | 2187 | 78 | 3 | 9 | 44 | 918 | 20 | 289 | 7 |
| Texas Style Brisket Sandwich (1 serving) | 910 | 906 | 458 | 51 | 19 | 0 | 172 | 1251 | 70 | 3 | 34 | 40 | 1227 | 20 | 97 | 6 |
| Swoon Worthy Sides | Rounded Calori | Total Calori | Fat Calori | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
| BBQ Beans (1 serving) | 200 | 203 | 13 | 1 | 0 | 0 | 2 | 417 | 41 | 4 | 23 | 6 | 320 | 30 | 48 | 2 |
| Creamy Coleslaw (1 serving) | 200 | 197 | 103 | 11 | 2 | 0 | 12 | 373 | 21 | 3 | 17 | 2 | 1850 | 36 | 72 | 1 |

| | | | | | | | | | | | | | | | | |
|--|-----|-----|----|---|---|---|----|-----|-----|---|----|----|------|----|-----|---|
| Decaf Coffee (1 serving) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Decaf Coffee (1 serving) with Half and Half | 80 | 80 | 54 | 6 | 4 | 0 | 30 | 30 | 2 | 0 | 2 | 2 | 200 | 0 | 80 | 0 |
| Decaf Coffee (1 serving) with Sugar Packets | 60 | 64 | 0 | 0 | 0 | 0 | 0 | 0 | 16 | 0 | 16 | 0 | 0 | 0 | 0 | 0 |
| Diet Coke (12 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Diet Coke (32 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 24 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Dr Pepper (12 fluid ounces) | 100 | 99 | 0 | 0 | 0 | 0 | 0 | 32 | 24 | 0 | 24 | 0 | 0 | 0 | 0 | 0 |
| Dr Pepper (32 fluid ounces) | 260 | 264 | 0 | 0 | 0 | 0 | 0 | 84 | 65 | 0 | 65 | 0 | 0 | 0 | 0 | 0 |
| Fiji Water (1 bottle) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Ginger Ale (12 fluid ounces) | 90 | 90 | 0 | 0 | 0 | 0 | 0 | 32 | 23 | 0 | 22 | 0 | 0 | 0 | 0 | 0 |
| Ginger Ale (32 fluid ounces) | 240 | 240 | 0 | 0 | 0 | 0 | 0 | 84 | 60 | 0 | 58 | 0 | 0 | 0 | 0 | 0 |
| Iced Tea (32 fluid ounces) | 20 | 16 | 1 | 0 | 0 | 0 | 0 | 1 | 3 | 2 | 1 | 0 | 10 | 25 | 20 | 0 |
| Low Fat Milk (1 drink) | 250 | 245 | 79 | 9 | 5 | 0 | 44 | 263 | 25 | 0 | 23 | 18 | 875 | 4 | 613 | 0 |
| Lucille's Fresh Ground Coffee (1 drink) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lucille's Fresh Ground Coffee (1 drink) with Half and Half | 80 | 80 | 54 | 6 | 4 | 0 | 30 | 30 | 2 | 0 | 2 | 2 | 200 | 0 | 80 | 0 |
| Lucille's Fresh Ground Coffee (1 drink) with Sugar Packets | 60 | 64 | 0 | 0 | 0 | 0 | 0 | 0 | 16 | 0 | 16 | 0 | 0 | 0 | 0 | 0 |
| Lucille's Peach Lemonade (40 fluid ounces) | 430 | 431 | 0 | 0 | 0 | 0 | 0 | 11 | 107 | 1 | 99 | 1 | 1137 | 90 | 17 | 0 |
| Lucille's Sidewalk Fresh Lemonade (40 fluid ounces) | 370 | 368 | 1 | 0 | 0 | 0 | 0 | 13 | 91 | 1 | 84 | 1 | 24 | 61 | 31 | 0 |
| Lucille's Strawberry Lemonade (40 fluid ounces) | 430 | 431 | 2 | 0 | 0 | 0 | 0 | 11 | 106 | 2 | 97 | 1 | 27 | 98 | 31 | 0 |
| Mexican Coke (1 bottle) | 160 | 159 | 0 | 0 | 0 | 0 | 0 | 86 | 40 | 0 | 40 | 0 | 0 | 0 | 0 | 0 |
| Muddy Waters (32 fluid ounces) | 160 | 159 | 1 | 0 | 0 | 0 | 0 | 6 | 39 | 2 | 34 | 1 | 17 | 43 | 27 | 0 |
| Peach Creme (1 drink) | 300 | 298 | 77 | 9 | 6 | 0 | 43 | 118 | 50 | 1 | 46 | 3 | 1708 | 65 | 100 | 0 |
| Peach Iced Tea (32 fluid ounces) | 20 | 21 | 1 | 0 | 0 | 0 | 0 | 17 | 6 | 1 | 3 | 0 | 81 | 19 | 14 | 0 |

| | | | | | | | | | | | | | | | | |
|---|-----|-----|---|---|---|---|---|---|-----|----|---|----|---|-----|----|-----|
| Red Bull Energy Drink (1 can) | 110 | 110 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 28 | 0 | 27 | 0 | 0 | 0 | 0 |
| San Pellegrino Sparkling Mineral Water (1 bottle) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 32 | 0 | 0 | 0 | 0 | 0 | 0 | 127 |
| Sprite (12 fluid ounces) | 90 | 87 | 0 | 0 | 0 | 0 | 0 | 0 | 20 | 23 | 0 | 23 | 0 | 0 | 0 | 0 |
| Sprite (32 fluid ounces) | 230 | 233 | 0 | 0 | 0 | 0 | 0 | 0 | 53 | 62 | 0 | 62 | 0 | 0 | 0 | 0 |
| Sweet Tea (32 fluid ounces) | 190 | 194 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 48 | 0 | 48 | 0 | 6 | 0 | 1 |
| Tropical Breeze (1 drink) | 280 | 284 | 0 | 0 | 0 | 0 | 0 | 0 | 52 | 72 | 0 | 68 | 0 | 181 | 40 | 17 |
| Watermelon Iced Tea (32 fluid ounces) | 10 | 7 | 1 | 0 | 0 | 0 | 0 | 0 | 17 | 3 | 0 | 1 | 0 | 81 | 1 | 1 |
| Watermelon Splash (1 drink) | 330 | 326 | 0 | 0 | 0 | 0 | 0 | 0 | 280 | 85 | 2 | 81 | 0 | 38 | 13 | 4 |

Desserts

| | Rounded Calori | Total Calori | Fat Calori | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--|---------------------------|-------------------------|-----------------------|------------------------------|---------------------------------------|------------------------------|----------------------------------|-----------------------------|--------------------------------|----------------------|----------------------|-------------------------|-----------------------|-----------------------|------------------------------|----------------------|
| Ala Mode Ice Cream Scoop (1 serving) | 120 | 115 | 56 | 6 | 4 | 0 | 18 | 40 | 13 | 0 | 10 | 2 | 266 | 0 | 71 | 0 |
| Buttermilk Double Chocolate Cake (1 serving) | 1320 | 1320 | 597 | 66 | 32 | 0 | 87 | 1052 | 168 | 6 | 135 | 16 | 703 | 1 | 290 | 6 |
| Deep Dish Peach Cobbler (1 serving) | 1870 | 1870 | 655 | 73 | 42 | 0 | 201 | 1639 | 278 | 2 | 200 | 21 | 2067 | 8 | 380 | 5 |
| Old-Fashioned Banana Pudding (1 serving) | 1290 | 1286 | 680 | 76 | 46 | 0 | 232 | 739 | 135 | 1 | 102 | 6 | 2464 | 108 | 308 | 1 |
| Peaches and Cream Pudding (1 serving) | 1430 | 1426 | 683 | 76 | 47 | 0 | 245 | 743 | 167 | 2 | 141 | 7 | 3768 | 51 | 345 | 1 |
| Snickers Ice Cream Pie (1 serving) | 1100 | 1096 | 524 | 58 | 29 | 0 | 115 | 559 | 127 | 3 | 93 | 14 | 1212 | 0 | 278 | 2 |
| Strawberry Banana Pudding (1 serving) | 1360 | 1358 | 718 | 80 | 49 | 0 | 253 | 716 | 142 | 2 | 109 | 6 | 2684 | 141 | 334 | 2 |

Lunch Slow Smoked BBQ Items

| | Rounded Calori | Total Calori | Fat Calori | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|---|---------------------------|-------------------------|-----------------------|------------------------------|---------------------------------------|------------------------------|----------------------------------|-----------------------------|--------------------------------|----------------------|----------------------|-------------------------|-----------------------|-----------------------|------------------------------|----------------------|
| Build Your Own Bar-B-Que Combo (1 serving) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Alabama Chi | 820 | 823 | 649 | 72 | 14 | 0 | 114 | 1050 | 17 | 0 | 16 | 23 | 405 | 8 | 19 | 1 |

| | | | | | | | | | | | | | | | | |
|---|-----|-----|-----|----|----|---|-----|------|----|---|----|----|-----|---|----|---|
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice BBQ Chicker | 350 | 353 | 165 | 18 | 5 | 0 | 91 | 728 | 22 | 0 | 18 | 23 | 467 | 9 | 37 | 2 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice BBQ Tri Tip | 270 | 268 | 99 | 11 | 4 | 0 | 82 | 952 | 18 | 0 | 14 | 24 | 106 | 1 | 54 | 2 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Baby Back R | 460 | 464 | 272 | 30 | 11 | 0 | 103 | 1246 | 24 | 0 | 20 | 21 | 311 | 2 | 69 | 2 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Beef Ribs | 300 | 295 | 58 | 6 | 3 | 0 | 53 | 637 | 39 | 0 | 33 | 18 | 316 | 3 | 50 | 3 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Brisket Burnt | 370 | 372 | 196 | 22 | 9 | 0 | 77 | 599 | 21 | 0 | 18 | 21 | 101 | 2 | 34 | 3 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Jalapeno Ch | 360 | 360 | 288 | 32 | 12 | 0 | 80 | 780 | 2 | 0 | 0 | 16 | 200 | 0 | 80 | 1 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Pork Belly B | 490 | 490 | 408 | 45 | 16 | 0 | 60 | 770 | 13 | 0 | 12 | 8 | 34 | 0 | 8 | 1 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Pulled Chick | 380 | 378 | 130 | 14 | 4 | 0 | 94 | 389 | 38 | 0 | 32 | 21 | 345 | 5 | 52 | 3 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Pulled Pork | 260 | 265 | 136 | 15 | 5 | 0 | 75 | 688 | 12 | 0 | 9 | 20 | 201 | 3 | 45 | 1 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Smoked Rib | 330 | 330 | 153 | 17 | 7 | 0 | 59 | 589 | 31 | 0 | 24 | 12 | 277 | 2 | 32 | 1 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice St Louis Ribs | 470 | 468 | 272 | 30 | 11 | 0 | 100 | 655 | 24 | 0 | 20 | 22 | 291 | 2 | 67 | 2 |
| Build Your Own Bar-B-Que Combo (1 serving) with Meat Choice Texas Red H | 300 | 300 | 243 | 27 | 10 | 0 | 65 | 770 | 2 | 0 | 1 | 14 | 100 | 0 | 20 | 1 |

Lunch Salads and Specialties

| | Rounded Calori | Total Calori | Fat Calori | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--|-------------------|-----------------|---------------|---------------------|-----------------------------|---------------------|-------------------------|--------------------|-----------------------|--------------|--------------|-----------------|---------------|---------------|---------------------|--------------|
| Brisket Fajita Bowl (1 serving) | 1000 | 996 | 480 | 53 | 17 | 0 | 92 | 1245 | 94 | 6 | 8 | 31 | 1010 | 42 | 194 | 8 |
| Caulin' All Vegans Bowl (1 serving) | 340 | 341 | 61 | 7 | 1 | 0 | 0 | 420 | 60 | 9 | 30 | 10 | 3076 | 114 | 162 | 9 |
| Three Little Pigs Bowl (1 serving) | 870 | 869 | 476 | 53 | 28 | 0 | 195 | 2823 | 48 | 1 | 16 | 51 | 792 | 31 | 639 | 2 |
| Winner Chicken Dinner Bowl (1 serving) | 900 | 897 | 381 | 42 | 20 | 0 | 167 | 2398 | 79 | 7 | 13 | 48 | 2888 | 36 | 236 | 5 |

Lunch Southern Specialties

| | Rounded Calori | Total Calori | Fat Calori | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--------------------------------------|-------------------|-----------------|---------------|---------------------|-----------------------------|---------------------|-------------------------|--------------------|-----------------------|--------------|--------------|-----------------|---------------|---------------|---------------------|--------------|
| Crispy Lowcountry Shrimp (1 serving) | 560 | 560 | 259 | 29 | 5 | 0 | 191 | 2208 | 45 | 3 | 4 | 31 | 703 | 12 | 125 | 5 |
| New Orleans Gumbo (1 serving) | 680 | 681 | 302 | 34 | 9 | 0 | 138 | 1191 | 61 | 2 | 3 | 31 | 916 | 52 | 80 | 4 |
| Southern Fried Chicken (1 serving) | 750 | 748 | 250 | 28 | 12 | 0 | 122 | 2408 | 80 | 10 | 17 | 44 | 15851 | 58 | 304 | 5 |

Family Menu Starters

| | Rounded Calori | Total Calori | Fat Calori | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|----------------------|-------------------|-----------------|---------------|---------------------|-----------------------------|---------------------|-------------------------|--------------------|-----------------------|--------------|--------------|-----------------|---------------|---------------|---------------------|--------------|
| Deviled Eggs (1 egg) | 110 | 111 | 81 | 9 | 2 | 0 | 112 | 130 | 2 | 0 | 1 | 5 | 170 | 2 | 19 | 1 |

| | | | | | | | | | | | | | | | | |
|--------------------------------------|------|------|------|-----|-----|---|------|-------|------|----|-----|-----|-------|-----|------|----|
| Deviled Eggs (12 eggs) | 1330 | 1327 | 968 | 108 | 26 | 0 | 1342 | 1566 | 27 | 2 | 8 | 57 | 2041 | 18 | 227 | 7 |
| Lucille's Onion Straws (1 serving) | 380 | 376 | 101 | 11 | 2 | 0 | 7 | 1082 | 61 | 3 | 15 | 9 | 168 | 13 | 142 | 2 |
| Lucille's Onion Straws (6 servings) | 2260 | 2257 | 607 | 67 | 12 | 0 | 45 | 6492 | 366 | 20 | 91 | 55 | 1010 | 79 | 851 | 14 |
| Southern Chicken Strips (1 serving) | 430 | 425 | 127 | 14 | 2 | 0 | 94 | 1014 | 34 | 1 | 3 | 40 | 84 | 3 | 55 | 3 |
| Southern Chicken Strips (6 servings) | 2550 | 2550 | 763 | 85 | 14 | 0 | 565 | 6086 | 205 | 4 | 20 | 239 | 504 | 16 | 330 | 16 |
| Southern Fried Pickles (1 serving) | 210 | 214 | 91 | 10 | 2 | 0 | 6 | 1355 | 27 | 1 | 2 | 4 | 150 | 1 | 34 | 1 |
| Southern Fried Pickles (6 servings) | 1290 | 1285 | 545 | 61 | 9 | 0 | 34 | 8127 | 165 | 7 | 11 | 25 | 900 | 4 | 203 | 7 |
| Spinach and Cheese Dip (1 serving) | 1570 | 1567 | 617 | 69 | 25 | 0 | 75 | 2624 | 187 | 14 | 19 | 50 | 12696 | 30 | 1286 | 6 |
| Spinach and Cheese Dip (6 servings) | 9400 | 9402 | 3703 | 411 | 151 | 0 | 450 | 15741 | 1122 | 86 | 114 | 299 | 76175 | 180 | 7719 | 37 |

Family Menu Sandwiches

| | Rounded Calories | Total Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
|---|-----------------------------|---------------------------|-------------------------|------------------------------|----------------------------------|------------------------------|-----------------------------|------------------------|--------------------------------|----------------------|-----------------------|------------------------|-----------------------|-----------------------|-------------------------|----------------------|
| Hand Carved Brisket Sandwiches (1 serving) | 780 | 779 | 361 | 40 | 15 | 0 | 141 | 1151 | 72 | 3 | 34 | 31 | 1018 | 14 | 95 | 5 |
| Hand Carved Brisket Sandwiches (6 servings) | 4670 | 4674 | 2163 | 240 | 88 | 0 | 847 | 6904 | 433 | 19 | 201 | 185 | 6106 | 83 | 567 | 27 |
| Pulled Pork Sandwiches (1 serving) | 640 | 641 | 266 | 30 | 11 | 0 | 135 | 894 | 64 | 2 | 27 | 29 | 401 | 3 | 81 | 3 |
| Pulled Pork Sandwiches (6 servings) | 3850 | 3849 | 1598 | 178 | 63 | 0 | 810 | 5365 | 386 | 13 | 163 | 175 | 2404 | 19 | 488 | 19 |
| Tri Tip Sandwiches (1 serving) | 580 | 575 | 229 | 25 | 10 | 0 | 142 | 1016 | 53 | 2 | 18 | 33 | 271 | 1 | 77 | 4 |
| Tri Tip Sandwiches (6 servings) | 3450 | 3452 | 1374 | 153 | 57 | 0 | 850 | 6099 | 320 | 13 | 108 | 197 | 1626 | 6 | 460 | 22 |

Family Menu Dinners

| | Rounded Calories | Total Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
|-----------------------------------|-----------------------------|---------------------------|-------------------------|------------------------------|----------------------------------|------------------------------|-----------------------------|------------------------|--------------------------------|----------------------|-----------------------|------------------------|-----------------------|-----------------------|-------------------------|----------------------|
| Grilled Salmon (1 serving) | 350 | 351 | 232 | 26 | 9 | 0 | 110 | 445 | 2 | 0 | 0 | 26 | 414 | 7 | 55 | 1 |
| Grilled Salmon (6 servings) | 2110 | 2106 | 1390 | 154 | 56 | 0 | 659 | 2672 | 12 | 2 | 1 | 154 | 2484 | 45 | 331 | 3 |
| Jambalaya Me-Oh-My-A (1 serving) | 920 | 919 | 541 | 60 | 16 | 0 | 153 | 1508 | 59 | 3 | 5 | 32 | 2844 | 98 | 75 | 5 |
| Jambalaya Me-Oh-My-A (6 servings) | 5510 | 5511 | 3247 | 361 | 94 | 0 | 918 | 9048 | 356 | 19 | 32 | 194 | 17066 | 585 | 447 | 30 |
| New Orleans Gumbo (1 serving) | 680 | 678 | 301 | 33 | 9 | 0 | 136 | 1187 | 61 | 2 | 3 | 31 | 913 | 52 | 78 | 4 |
| New Orleans Gumbo (6 servings) | 4070 | 4065 | 1806 | 201 | 55 | 0 | 816 | 7119 | 365 | 12 | 16 | 184 | 5480 | 313 | 468 | 27 |

| | | | | | | | | | | | | | | | | |
|-------------------------------------|------|------|------|-----|----|---|-----|-------|-----|----|----|-----|------|----|------|----|
| Southern Fried Chicken (1 serving) | 730 | 732 | 173 | 19 | 6 | 0 | 99 | 2775 | 94 | 2 | 11 | 47 | 367 | 5 | 269 | 5 |
| Southern Fried Chicken (6 servings) | 4390 | 4393 | 1039 | 115 | 36 | 0 | 597 | 16647 | 566 | 11 | 63 | 281 | 2202 | 27 | 1615 | 33 |

Family Menu Easy Feasts

| | Rounded Calori Calori | Total Calori es | Fat Calori es | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--|--------------------------------------|--------------------------------|------------------------------|------------------------------|---------------------------------------|------------------------------|----------------------------------|-----------------------------|--------------------------------|----------------------|----------------------|-------------------------|-----------------------|-----------------------|------------------------------|----------------------|
| Baby Back Ribs and Tri Tip Easy Feast (1 serving) | 890 | 886 | 456 | 51 | 23 | 0 | 144 | 1798 | 75 | 0 | 39 | 32 | 917 | 3 | 117 | 4 |
| Baby Back Ribs and Tri Tip Easy Feast (6 servings) | 5310 | 5315 | 2739 | 304 | 140 | 0 | 864 | 10789 | 449 | 1 | 233 | 195 | 5505 | 16 | 704 | 26 |
| Chicken and Baby Back Ribs Easy Feast (1 serving) | 950 | 951 | 502 | 56 | 24 | 0 | 150 | 2004 | 79 | 0 | 43 | 32 | 1196 | 8 | 110 | 4 |
| Chicken and Baby Back Ribs Easy Feast (6 servings) | 5710 | 5705 | 3009 | 334 | 145 | 0 | 901 | 12024 | 476 | 1 | 256 | 191 | 7178 | 47 | 659 | 26 |
| Chicken and Pulled Pork Easy Feast (1 serving) | 820 | 816 | 411 | 46 | 20 | 0 | 131 | 1651 | 70 | 0 | 37 | 32 | 1130 | 9 | 98 | 4 |
| Chicken and Pulled Pork Easy Feast (6 servings) | 4900 | 4896 | 2468 | 274 | 121 | 0 | 787 | 9905 | 421 | 2 | 221 | 189 | 6783 | 52 | 587 | 25 |
| Chicken and St Louis Ribs Easy Feast (1 serving) | 960 | 956 | 502 | 56 | 24 | 0 | 148 | 1892 | 80 | 0 | 43 | 33 | 1299 | 8 | 111 | 4 |
| Chicken and St Louis Ribs Easy Feast (6 servings) | 5730 | 5735 | 3013 | 335 | 146 | 0 | 885 | 11352 | 477 | 2 | 257 | 197 | 7792 | 47 | 663 | 26 |
| Chicken and Tri Tip Easy Feast (1 serving) | 780 | 779 | 387 | 43 | 19 | 0 | 136 | 1777 | 65 | 0 | 30 | 34 | 1112 | 7 | 89 | 4 |
| Chicken and Tri Tip Easy Feast (6 servings) | 4670 | 4673 | 2319 | 258 | 117 | 0 | 814 | 10664 | 389 | 2 | 183 | 204 | 6670 | 42 | 534 | 25 |
| Fried Chicken Easy Feast (1 serving) | 780 | 778 | 438 | 49 | 20 | 0 | 152 | 2433 | 53 | 1 | 11 | 34 | 1372 | 15 | 78 | 4 |
| Fried Chicken Easy Feast (6 servings) | 4670 | 4671 | 2628 | 292 | 119 | 0 | 911 | 14600 | 315 | 5 | 65 | 205 | 8231 | 88 | 470 | 25 |
| St Louis Ribs and Tri Tip Easy Feast (1 serving) | 870 | 867 | 457 | 51 | 24 | 0 | 141 | 1613 | 69 | 0 | 34 | 33 | 953 | 2 | 111 | 4 |
| St Louis Ribs and Tri Tip Easy Feast (6 servings) | 5200 | 5204 | 2743 | 305 | 141 | 0 | 848 | 9678 | 417 | 1 | 205 | 200 | 5719 | 13 | 669 | 26 |

Family Menu Salads

| | Rounded Calori Calori | Total Calori es | Fat Calori es | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--------------------------------|--------------------------------------|--------------------------------|------------------------------|------------------------------|---------------------------------------|------------------------------|----------------------------------|-----------------------------|--------------------------------|----------------------|----------------------|-------------------------|-----------------------|-----------------------|------------------------------|----------------------|
| BBQ Chicken Salad (1 serving) | 670 | 666 | 232 | 26 | 9 | 0 | 111 | 1065 | 64 | 6 | 38 | 40 | 5492 | 41 | 332 | 6 |
| BBQ Chicken Salad (6 servings) | 3990 | 3995 | 1390 | 154 | 51 | 0 | 669 | 6392 | 384 | 36 | 226 | 240 | 32954 | 247 | 1994 | 34 |
| House Salad (1 serving) | 250 | 246 | 172 | 19 | 3 | 0 | 15 | 419 | 16 | 2 | 5 | 4 | 4945 | 12 | 62 | 1 |
| House Salad (6 servings) | 1480 | 1478 | 1031 | 115 | 17 | 0 | 88 | 2514 | 97 | 10 | 28 | 26 | 29671 | 73 | 371 | 3 |

| Family Menu Swoon Worthy Sides | Round Calori Calori | Total Calori es | Fat Calori es | Total Fat (g) | Satur ated Fat | Trans Fat (g) | Chole sterol (mg) | Sodiu m (mg) | Total Carbs (g) | Fiber (g) | Sugar s (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|---|---------------------------|-----------------------|---------------------|---------------------|----------------------|---------------------|-------------------------|--------------------|-----------------------|--------------|----------------|-----------------|---------------|---------------|---------------------|--------------|
| BBQ Beans (1 pint) | 560 | 561 | 35 | 4 | 1 | 0 | 6 | 1156 | 115 | 12 | 65 | 17 | 885 | 83 | 134 | 6 |
| BBQ Beans (1 quart) | 1120 | 1123 | 70 | 8 | 2 | 0 | 12 | 2313 | 229 | 24 | 130 | 34 | 1771 | 167 | 269 | 12 |
| BBQ Beans (0.5 gallons) | 2250 | 2245 | 139 | 15 | 4 | 0 | 24 | 4625 | 458 | 47 | 260 | 69 | 3541 | 334 | 537 | 23 |
| Corn Pudding (1 pint) | 900 | 899 | 427 | 47 | 25 | 2 | 120 | 1070 | 108 | 6 | 30 | 13 | 1593 | 9 | 116 | 3 |
| Corn Pudding (1 quart) | 1800 | 1799 | 855 | 95 | 50 | 4 | 239 | 2140 | 215 | 13 | 60 | 25 | 3186 | 18 | 231 | 6 |
| Corn Pudding (0.5 gallons) | 3600 | 3598 | 1710 | 190 | 99 | 8 | 479 | 4281 | 431 | 26 | 120 | 51 | 6372 | 37 | 463 | 13 |
| Creamy Coleslaw (1 pint) | 530 | 525 | 276 | 31 | 5 | 0 | 33 | 996 | 56 | 7 | 46 | 6 | 4934 | 95 | 192 | 2 |
| Creamy Coleslaw (1 quart) | 1050 | 1051 | 552 | 61 | 10 | 0 | 65 | 1991 | 113 | 14 | 93 | 12 | 9868 | 189 | 384 | 3 |
| Creamy Coleslaw (0.5 gallons) | 2100 | 2102 | 1104 | 123 | 19 | 0 | 130 | 3983 | 226 | 27 | 186 | 23 | 19737 | 379 | 767 | 7 |
| Homemade Biscuits with Apple Butter (1 biscuit) | 290 | 290 | 166 | 18 | 11 | 0 | 14 | 632 | 31 | 0 | 4 | 3 | 414 | 0 | 30 | 1 |
| Homemade Biscuits with Apple Butter (6 biscuits) | 1740 | 1737 | 994 | 110 | 63 | 0 | 83 | 3791 | 186 | 0 | 27 | 18 | 2485 | 0 | 180 | 8 |
| Homemade Biscuits with Apple Butter (12 biscuits) | 3470 | 3474 | 1987 | 221 | 127 | 0 | 166 | 7581 | 371 | 0 | 54 | 36 | 4970 | 0 | 360 | 17 |
| Jalapeno Cheddar Cornbread, 12 (1 pieces) | 390 | 386 | 193 | 21 | 9 | 1 | 52 | 628 | 42 | 0 | 14 | 7 | 366 | 3 | 128 | 2 |
| Jalapeno Cheddar Cornbread, 12 (12 pieces) | 4640 | 4637 | 2314 | 257 | 113 | 18 | 630 | 7538 | 498 | 4 | 172 | 81 | 4393 | 31 | 1535 | 20 |
| Jalapeno Cheddar Cornbread, 6 (1 piece) | 450 | 454 | 260 | 29 | 14 | 1 | 73 | 689 | 42 | 0 | 14 | 7 | 636 | 3 | 128 | 2 |
| Jalapeno Cheddar Cornbread, 6 (6 pieces) | 2720 | 2724 | 1558 | 173 | 85 | 9 | 437 | 4134 | 249 | 2 | 86 | 40 | 3817 | 15 | 768 | 10 |
| Loaded Mashed Potatoes (1 pint) | 1320 | 1317 | 1007 | 112 | 65 | 0 | 304 | 2208 | 41 | 4 | 10 | 38 | 2263 | 7 | 462 | 2 |
| Loaded Mashed Potatoes (1 quart) | 2630 | 2634 | 2014 | 224 | 130 | 0 | 609 | 4416 | 83 | 9 | 20 | 76 | 4525 | 15 | 924 | 3 |
| Loaded Mashed Potatoes (0.5 gallons) | 5270 | 5269 | 4028 | 448 | 260 | 0 | 1217 | 8832 | 166 | 17 | 40 | 153 | 9051 | 30 | 1848 | 6 |
| Macaroni and Cheese (1 pint) | 500 | 499 | 184 | 20 | 14 | 0 | 68 | 2584 | 59 | 0 | 9 | 23 | 0 | 0 | 462 | 0 |
| Macaroni and Cheese (1 quart) | 1000 | 997 | 367 | 41 | 27 | 0 | 136 | 5167 | 118 | 0 | 18 | 45 | 0 | 0 | 925 | 0 |
| Macaroni and Cheese (0.5 gallons) | 1990 | 1994 | 734 | 82 | 54 | 0 | 272 | 10334 | 236 | 0 | 36 | 91 | 0 | 0 | 1849 | 0 |
| Potato Salad (1 pint) | 1150 | 1154 | 906 | 101 | 17 | 0 | 122 | 1451 | 50 | 5 | 5 | 8 | 167 | 58 | 50 | 3 |
| Potato Salad (1 quart) | 2310 | 2308 | 1813 | 201 | 34 | 0 | 245 | 2903 | 99 | 11 | 11 | 17 | 334 | 116 | 99 | 5 |
| Potato Salad (0.5 gallons) | 4620 | 4616 | 3625 | 403 | 68 | 0 | 489 | 5805 | 199 | 22 | 21 | 33 | 668 | 232 | 198 | 11 |

| | | | | | | | | | | | | | | | | |
|--|------|------|-----|----|----|---|-----|------|-----|----|----|----|-------|-----|------|----|
| Roasted Garlic Mashed Potatoes (1 pint) | 480 | 479 | 216 | 24 | 15 | 0 | 63 | 1645 | 57 | 7 | 7 | 9 | 208 | 7 | 127 | 2 |
| Roasted Garlic Mashed Potatoes (1 quart) | 960 | 958 | 432 | 48 | 31 | 0 | 127 | 3291 | 114 | 14 | 15 | 17 | 417 | 15 | 254 | 4 |
| Roasted Garlic Mashed Potatoes (0.5 gallons) | 1920 | 1916 | 865 | 96 | 62 | 0 | 254 | 6581 | 228 | 27 | 29 | 34 | 834 | 29 | 508 | 9 |
| Sauteed Seasonal Vegetables (1 pint) | 170 | 174 | 8 | 1 | 0 | 0 | 0 | 1005 | 35 | 13 | 15 | 7 | 34439 | 114 | 136 | 2 |
| Sauteed Seasonal Vegetables (1 quart) | 350 | 349 | 16 | 2 | 0 | 0 | 0 | 2010 | 69 | 26 | 30 | 14 | 68878 | 228 | 271 | 4 |
| Sauteed Seasonal Vegetables (0.5 gallons) | 700 | 698 | 31 | 3 | 1 | 0 | 0 | 4020 | 139 | 51 | 59 | 28 | 1E+05 | 455 | 542 | 9 |
| Southern Braised Greens (1 pint) | 170 | 173 | 32 | 4 | 1 | 0 | 5 | 664 | 24 | 12 | 6 | 11 | 28505 | 178 | 427 | 3 |
| Southern Braised Greens (1 quart) | 350 | 345 | 64 | 7 | 2 | 0 | 10 | 1328 | 48 | 25 | 12 | 22 | 57010 | 355 | 853 | 6 |
| Southern Braised Greens (0.5 gallons) | 690 | 690 | 129 | 14 | 4 | 0 | 20 | 2656 | 97 | 49 | 25 | 43 | 1E+05 | 711 | 1707 | 12 |
| Watermelon Feast (1 serving) | 120 | 116 | 5 | 1 | 0 | 0 | 0 | 3 | 26 | 1 | 21 | 2 | 1936 | 28 | 24 | 1 |
| Watermelon Slices (1 serving) | 60 | 58 | 2 | 0 | 0 | 0 | 0 | 2 | 13 | 1 | 11 | 1 | 968 | 14 | 12 | 0 |

Family Menu A La Carte Meats

| | Rounded Calori es | Total Calori es | Fat Calori es (g) | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--|----------------------------------|--------------------------------|--------------------------------------|------------------------------|---------------------------------------|------------------------------|----------------------------------|-----------------------------|--------------------------------|----------------------|----------------------|-------------------------|-----------------------|-----------------------|------------------------------|----------------------|
| BBQ Rib Tips, 1 Lb (1 serving) | 1320 | 1322 | 611 | 68 | 26 | 0 | 234 | 2355 | 126 | 1 | 96 | 47 | 1107 | 8 | 129 | 5 |
| Beef Brisket, 1 Lb (1 serving) | 1490 | 1486 | 782 | 87 | 34 | 0 | 308 | 2398 | 86 | 1 | 71 | 84 | 404 | 7 | 135 | 11 |
| Brisket Burnt Ends, 1 Lb (1 serving) | 1490 | 1486 | 782 | 87 | 34 | 0 | 308 | 2398 | 86 | 1 | 71 | 84 | 404 | 7 | 135 | 11 |
| Grilled Salmon, 8 oz (1 serving) | 460 | 457 | 270 | 30 | 6 | 0 | 134 | 614 | 1 | 0 | 0 | 45 | 119 | 10 | 34 | 1 |
| Jalapeno Cheddar Sausage Links, 1 Lb (1 serving) | 1760 | 1760 | 1152 | 128 | 48 | 0 | 320 | 3720 | 84 | 0 | 64 | 64 | 1200 | 5 | 400 | 9 |
| Pork Belly Burnt Ends, 1 Lb (1 serving) | 1960 | 1958 | 1633 | 181 | 64 | 0 | 240 | 3080 | 51 | 0 | 47 | 32 | 134 | 2 | 33 | 3 |
| Pulled Chicken, 1 Lb (1 serving) | 1510 | 1510 | 519 | 58 | 16 | 0 | 377 | 1558 | 152 | 0 | 128 | 82 | 1381 | 21 | 207 | 10 |
| Pulled Pork, 1 Lb (1 serving) | 1060 | 1059 | 543 | 60 | 20 | 0 | 300 | 2750 | 47 | 1 | 37 | 80 | 803 | 11 | 179 | 6 |
| Red Hot Sausage Links, 1 Lb (1 serving) | 1830 | 1832 | 1225 | 136 | 50 | 0 | 328 | 4481 | 86 | 0 | 69 | 71 | 904 | 5 | 181 | 8 |
| Smoked Ham, 1 Lb (1 serving) | 660 | 663 | 217 | 24 | 5 | 0 | 240 | 4835 | 32 | 0 | 31 | 80 | 24 | 0 | 3 | 4 |

| | | | | | | | | | | | | | | | | |
|--|-----------------------------|---------------------------|-------------------------|--------------------------|------------------------------|--------------------------|-----------------------------|------------------------|--------------------------------|----------------------|-----------------------|------------------------|-----------------------|-----------------------|-------------------------|----------------------|
| Smoked Turkey, 1 Lb (1 serving) | 790 | 786 | 375 | 42 | 5 | 0 | 240 | 4704 | 9 | 0 | 8 | 88 | 10 | 0 | 3 | 3 |
| Tri Tip, 1 Lb (1 serving) | 960 | 958 | 394 | 44 | 16 | 0 | 327 | 2730 | 44 | 1 | 36 | 95 | 249 | 4 | 180 | 9 |
| Family Menu Desserts | Rounded Calories | Total Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
| Old Fashioned Banana Pudding (1 serving) | 2330 | 2327 | 1211 | 135 | 83 | 0 | 432 | 1342 | 245 | 3 | 186 | 11 | 4542 | 218 | 609 | 2 |
| Old Fashioned Banana Pudding, Large (1 serving) | 580 | 582 | 303 | 34 | 21 | 0 | 108 | 335 | 61 | 1 | 47 | 3 | 1136 | 55 | 152 | 1 |
| Old Fashioned Banana Pudding, Large (4 servings) | 2330 | 2327 | 1211 | 135 | 83 | 0 | 432 | 1342 | 245 | 3 | 186 | 11 | 4542 | 218 | 609 | 2 |
| Old-Fashioned Banana Pudding (1 serving) | 650 | 648 | 340 | 38 | 23 | 0 | 116 | 369 | 69 | 1 | 52 | 3 | 1232 | 55 | 154 | 1 |
| Old-Fashioned Banana Pudding (20 servings) | 12960 | 12962 | 6802 | 756 | 456 | 0 | 2316 | 7388 | 1373 | 13 | 1030 | 58 | 24642 | 1092 | 3077 | 15 |
| Whole Apple Cobbler (1 serving) | 2130 | 2131 | 776 | 86 | 51 | 0 | 243 | 1955 | 310 | 3 | 216 | 23 | 2067 | 7 | 395 | 6 |
| Whole Apple Cobbler (16 servings) | 34090 | 34094 | 12417 | 1380 | 810 | 0 | 3885 | 31283 | 4959 | 51 | 3458 | 369 | 33064 | 118 | 6320 | 94 |
| Whole Snickers Pie (1 piece) | 730 | 725 | 353 | 39 | 18 | 0 | 69 | 371 | 83 | 2 | 61 | 10 | 698 | 0 | 171 | 2 |
| Whole Snickers Pie (10 pieces) | 7250 | 7252 | 3532 | 392 | 183 | 1 | 690 | 3714 | 826 | 20 | 612 | 102 | 6981 | 0 | 1710 | 16 |
| Family Menu Gallon Beverages | Rounded Calories | Total Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
| Iced Tea, Gallon (1 gallon) | 70 | 65 | 3 | 0 | 0 | 0 | 0 | 4 | 14 | 6 | 4 | 2 | 38 | 100 | 79 | 1 |
| Lucille's Peach Lemonade, Gallon (1 gallon) | 1380 | 1379 | 0 | 0 | 0 | 0 | 0 | 36 | 342 | 3 | 318 | 3 | 3637 | 289 | 54 | 0 |
| Lucille's Sidewalk Fresh Lemonade, Gallon (1 gallon) | 1180 | 1178 | 2 | 0 | 0 | 0 | 0 | 41 | 292 | 5 | 267 | 2 | 78 | 194 | 101 | 1 |
| Lucille's Strawberry Lemonade, Gallon (1 gallon) | 1380 | 1379 | 8 | 1 | 0 | 0 | 0 | 35 | 340 | 6 | 310 | 3 | 87 | 315 | 100 | 1 |
| Lucille's Watermelon Lemonade, Gallon (1 gallon) | 1490 | 1488 | 0 | 0 | 0 | 0 | 0 | 210 | 372 | 7 | 362 | 0 | 7 | 18 | 41 | 0 |
| Peach Iced Tea, Gallon (1 gallon) | 80 | 82 | 3 | 0 | 0 | 0 | 0 | 68 | 25 | 3 | 13 | 1 | 324 | 77 | 57 | 0 |

| | | | | | | | | | | | | | | | | |
|--|-----------------------|---------------------|-------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------------|------------------|-------------------|--------------------|-------------------|-------------------|---------------------|------------------|
| Sweet Tea, Gallon (1 gallon) | 770 | 775 | 0 | 0 | 0 | 0 | 0 | 3 | 194 | 0 | 194 | 0 | 24 | 0 | 4 | 0 |
| Watermelon Iced Tea, Gallon (1 gallon) | 30 | 27 | 2 | 0 | 0 | 0 | 0 | 69 | 12 | 0 | 4 | 0 | 323 | 5 | 4 | 0 |
| Kids Menu Items | Rounded Calori | Total Calori | Fat Calori | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
| Abita Root Beer Float (1 serving) | 270 | 270 | 84 | 9 | 5 | 0 | 27 | 81 | 46 | 0 | 41 | 3 | 399 | 0 | 106 | 0 |
| Aunt Mari's Chicken Supper (1 serving) | 250 | 253 | 13 | 1 | 0 | 0 | 66 | 314 | 30 | 0 | 26 | 26 | 184 | 3 | 44 | 2 |
| Chocolate Cookies 'n Cream (1 serving) | 570 | 566 | 234 | 26 | 15 | 0 | 84 | 309 | 81 | 1 | 58 | 4 | 1906 | 0 | 157 | 3 |
| Grandma's Noodles (1 serving) | 260 | 265 | 44 | 5 | 2 | 0 | 13 | 159 | 42 | 2 | 2 | 12 | 100 | 0 | 184 | 2 |
| Grandma's Noodles (1 serving) with Alfredo Sauce | 590 | 593 | 341 | 38 | 23 | 0 | 121 | 657 | 46 | 2 | 6 | 15 | 728 | 1 | 260 | 2 |
| Grandma's Noodles (1 serving) with Parmesan Butter Sauce | 580 | 577 | 308 | 34 | 20 | 0 | 98 | 419 | 42 | 2 | 2 | 22 | 1110 | 0 | 534 | 2 |
| Grandpa Joe's Tri Tip Supper (1 serving) | 150 | 150 | 73 | 8 | 3 | 0 | 61 | 229 | 1 | 0 | 1 | 18 | 0 | 0 | 25 | 1 |
| Homemade Macaroni-n-Cheese (1 serving) | 290 | 286 | 126 | 14 | 9 | 0 | 49 | 1294 | 28 | 0 | 4 | 14 | 18 | 1 | 292 | 0 |
| Jr. Banana Pudding (1 serving) | 500 | 500 | 269 | 30 | 18 | 0 | 102 | 279 | 49 | 1 | 31 | 3 | 1016 | 35 | 147 | 1 |
| Jr. Sundae (1 serving) | 300 | 297 | 164 | 18 | 10 | 0 | 42 | 98 | 29 | 0 | 24 | 4 | 441 | 0 | 100 | 0 |
| Kids Apple Juice (1 drink) | 190 | 193 | 0 | 0 | 0 | 0 | 0 | 61 | 49 | 0 | 49 | 0 | 0 | 126 | 0 | 0 |
| Kids Cheese Pizza (1 pizza) | 380 | 380 | 144 | 16 | 8 | 0 | 25 | 680 | 46 | 2 | 10 | 13 | 0 | 0 | 250 | 4 |
| Kids Fries (1 serving) | 250 | 252 | 89 | 10 | 2 | 0 | 0 | 735 | 36 | 3 | 0 | 3 | 0 | 8 | 0 | 1 |
| Kids House Salad (1 serving) | 80 | 85 | 20 | 2 | 0 | 0 | 0 | 192 | 15 | 2 | 2 | 3 | 4126 | 12 | 25 | 1 |
| Kids Side of Sliced Tomatoes (1 serving) | 10 | 14 | 1 | 0 | 0 | 0 | 0 | 5 | 3 | 1 | 1 | 1 | 1484 | 14 | 14 | 0 |
| Kids St Louis Ribs Plate (1 serving) | 470 | 468 | 272 | 30 | 11 | 0 | 100 | 655 | 24 | 0 | 20 | 22 | 291 | 2 | 67 | 2 |

| | | | | | | | | | | | | | | | | |
|--|-----|-----|-----|----|----|---|-----|------|----|---|----|----|-----|---|-----|---|
| Kids Watermelon (1 serving) | 30 | 29 | 1 | 0 | 0 | 0 | 0 | 1 | 6 | 0 | 5 | 1 | 484 | 7 | 6 | 0 |
| Lil' Chicken Corn Dawgs (1 serving) | 350 | 346 | 194 | 22 | 6 | 0 | 37 | 756 | 28 | 0 | 10 | 10 | 0 | 0 | 148 | 3 |
| Lil' Chicken Fingers (1 serving) | 360 | 360 | 190 | 21 | 3 | 0 | 59 | 759 | 21 | 0 | 3 | 22 | 84 | 1 | 64 | 1 |
| Lucy's Cheeseburger (1 serving) | 530 | 531 | 240 | 27 | 11 | 0 | 104 | 1031 | 42 | 2 | 10 | 30 | 216 | 0 | 176 | 4 |
| Mama's Grilled Cheese Sandwich (1 serving) | 550 | 546 | 271 | 30 | 18 | 0 | 97 | 801 | 46 | 2 | 6 | 21 | 801 | 2 | 350 | 3 |

Catering BBQ Buffet Packages

| | Rounded Calori Calori | Total Calori es | Fat Calori es | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodiu m (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|---|--------------------------------------|--------------------------------|------------------------------|------------------------------|---------------------------------------|------------------------------|----------------------------------|-----------------------------|--------------------------------|----------------------|----------------------|-------------------------|-----------------------|-----------------------|------------------------------|----------------------|
| Four Item Combo (1 serving) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Four Item Combo (1 serving) with Meat Choice BBQ Chicken Breast | 230 | 232 | 8 | 1 | 0 | 0 | 43 | 331 | 36 | 0 | 30 | 17 | 204 | 3 | 46 | 2 |
| Four Item Combo (1 serving) with Meat Choice BBQ Half Chicken | 260 | 260 | 109 | 12 | 3 | 0 | 60 | 532 | 21 | 0 | 18 | 15 | 342 | 6 | 31 | 2 |
| Four Item Combo (1 serving) with Meat Choice Baby Back Ribs | 460 | 464 | 272 | 30 | 11 | 0 | 103 | 1246 | 24 | 0 | 20 | 21 | 311 | 2 | 69 | 2 |
| Four Item Combo (1 serving) with Meat Choice Bayou Shrimp | 250 | 247 | 119 | 13 | 7 | 0 | 203 | 520 | 8 | 1 | 3 | 24 | 890 | 13 | 92 | 4 |
| Four Item Combo (1 serving) with Meat Choice Beef Ribs | 370 | 374 | 58 | 6 | 3 | 0 | 53 | 785 | 58 | 0 | 49 | 18 | 415 | 4 | 70 | 4 |
| Four Item Combo (1 serving) with Meat Choice Grilled Salmon | 100 | 100 | 59 | 7 | 1 | 0 | 29 | 134 | 0 | 0 | 0 | 10 | 26 | 2 | 7 | 0 |
| Four Item Combo (1 serving) with Meat Choice Jalapeno Cheddar Sausage | 360 | 360 | 288 | 32 | 12 | 0 | 80 | 780 | 2 | 0 | 0 | 16 | 200 | 0 | 80 | 1 |
| Four Item Combo (1 serving) with Meat Choice Pulled Chicken | 280 | 283 | 97 | 11 | 3 | 0 | 71 | 292 | 29 | 0 | 24 | 15 | 259 | 4 | 39 | 2 |
| Four Item Combo (1 serving) with Meat Choice Pulled Pork | 200 | 199 | 102 | 11 | 4 | 0 | 56 | 516 | 9 | 0 | 7 | 15 | 150 | 2 | 34 | 1 |
| Four Item Combo (1 serving) with Meat Choice Red Hot Link Sausage | 300 | 300 | 243 | 27 | 10 | 0 | 65 | 770 | 2 | 0 | 1 | 14 | 100 | 0 | 20 | 1 |
| Four Item Combo (1 serving) with Meat Choice Smoked Beef Brisket | 560 | 557 | 293 | 33 | 13 | 0 | 116 | 899 | 32 | 0 | 27 | 32 | 151 | 2 | 51 | 4 |
| Four Item Combo (1 serving) with Meat Choice Smoked Ham | 120 | 124 | 41 | 5 | 1 | 0 | 45 | 906 | 6 | 0 | 6 | 15 | 5 | 0 | 1 | 1 |
| Four Item Combo (1 serving) with Meat Choice Smoked Rib Tips | 250 | 247 | 115 | 13 | 5 | 0 | 44 | 441 | 24 | 0 | 18 | 9 | 207 | 1 | 24 | 1 |
| Four Item Combo (1 serving) with Meat Choice Smoked Tri Tip | 170 | 167 | 74 | 8 | 3 | 0 | 61 | 391 | 5 | 0 | 4 | 18 | 27 | 1 | 30 | 1 |
| Four Item Combo (1 serving) with Meat Choice Smoked Turkey | 150 | 147 | 70 | 8 | 1 | 0 | 45 | 882 | 2 | 0 | 2 | 17 | 2 | 0 | 1 | 1 |
| Four Item Combo (1 serving) with Meat Choice St Louis Ribs | 470 | 468 | 272 | 30 | 11 | 0 | 100 | 655 | 24 | 0 | 20 | 22 | 291 | 2 | 67 | 2 |
| Three Item Combo (1 serving) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Three Item Combo (1 serving) with Meat Choice BBQ Chicken Breast | 230 | 232 | 8 | 1 | 0 | 0 | 43 | 331 | 36 | 0 | 30 | 17 | 204 | 3 | 46 | 2 |
| Three Item Combo (1 serving) with Meat Choice BBQ Half Chicken | 350 | 353 | 165 | 18 | 5 | 0 | 91 | 728 | 22 | 0 | 18 | 23 | 467 | 9 | 37 | 2 |
| Three Item Combo (1 serving) with Meat Choice BBQ Tri Tip | 270 | 268 | 99 | 11 | 4 | 0 | 82 | 952 | 18 | 0 | 14 | 24 | 106 | 1 | 54 | 2 |
| Three Item Combo (1 serving) with Meat Choice Baby Back Ribs | 460 | 464 | 272 | 30 | 11 | 0 | 103 | 1246 | 24 | 0 | 20 | 21 | 311 | 2 | 69 | 2 |
| Three Item Combo (1 serving) with Meat Choice Bayou Shrimp | 250 | 247 | 119 | 13 | 7 | 0 | 203 | 520 | 8 | 1 | 3 | 24 | 890 | 13 | 92 | 4 |

| | | | | | | | | | | | | | | | | |
|--|-----|-----|-----|----|----|---|-----|------|----|---|----|----|-----|---|----|---|
| Three Item Combo (1 serving) with Meat Choice Beef Ribs | 370 | 374 | 58 | 6 | 3 | 0 | 53 | 785 | 58 | 0 | 49 | 18 | 415 | 4 | 70 | 4 |
| Three Item Combo (1 serving) with Meat Choice Grilled Salmon | 100 | 100 | 59 | 7 | 1 | 0 | 29 | 134 | 0 | 0 | 0 | 10 | 26 | 2 | 7 | 0 |
| Three Item Combo (1 serving) with Meat Choice Jalapeno Cheddar Sausage | 360 | 360 | 288 | 32 | 12 | 0 | 80 | 780 | 2 | 0 | 0 | 16 | 200 | 0 | 80 | 1 |
| Three Item Combo (1 serving) with Meat Choice Pulled Chicken | 380 | 378 | 130 | 14 | 4 | 0 | 94 | 389 | 38 | 0 | 32 | 21 | 345 | 5 | 52 | 3 |
| Three Item Combo (1 serving) with Meat Choice Pulled Pork | 260 | 265 | 136 | 15 | 5 | 0 | 75 | 688 | 12 | 0 | 9 | 20 | 201 | 3 | 45 | 1 |
| Three Item Combo (1 serving) with Meat Choice Red Hot Link Sausage | 300 | 300 | 243 | 27 | 10 | 0 | 65 | 770 | 2 | 0 | 1 | 14 | 100 | 0 | 20 | 1 |
| Three Item Combo (1 serving) with Meat Choice Smoked Beef Brisket | 370 | 372 | 196 | 22 | 9 | 0 | 77 | 599 | 21 | 0 | 18 | 21 | 101 | 2 | 34 | 3 |
| Three Item Combo (1 serving) with Meat Choice Smoked Ham | 170 | 166 | 54 | 6 | 1 | 0 | 60 | 1209 | 8 | 0 | 8 | 20 | 6 | 0 | 1 | 1 |
| Three Item Combo (1 serving) with Meat Choice Smoked Rib Tips | 330 | 330 | 153 | 17 | 7 | 0 | 59 | 589 | 31 | 0 | 24 | 12 | 277 | 2 | 32 | 1 |
| Three Item Combo (1 serving) with Meat Choice Smoked Turkey | 200 | 196 | 94 | 10 | 1 | 0 | 60 | 1176 | 2 | 0 | 2 | 22 | 2 | 0 | 1 | 1 |
| Three Item Combo (1 serving) with Meat Choice St Louis Ribs | 470 | 468 | 272 | 30 | 11 | 0 | 100 | 655 | 24 | 0 | 20 | 22 | 291 | 2 | 67 | 2 |

| | | | | | | | | | | | | | | | | |
|--|-----|-----|-----|----|----|---|-----|------|----|---|----|----|------|----|-----|---|
| Two Item Combo (1 serving) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Two Item Combo (1 serving) with Meat Choice BBQ Chicken Breast | 230 | 232 | 8 | 1 | 0 | 0 | 43 | 331 | 36 | 0 | 30 | 17 | 204 | 3 | 46 | 2 |
| Two Item Combo (1 serving) with Meat Choice BBQ Half Chicken | 260 | 260 | 109 | 12 | 3 | 0 | 60 | 532 | 21 | 0 | 18 | 15 | 342 | 6 | 31 | 2 |
| Two Item Combo (1 serving) with Meat Choice BBQ Tri Tip | 370 | 368 | 148 | 16 | 6 | 0 | 123 | 1105 | 18 | 0 | 15 | 36 | 106 | 2 | 70 | 3 |
| Two Item Combo (1 serving) with Meat Choice Baby Back Ribs | 610 | 609 | 361 | 40 | 15 | 0 | 138 | 1088 | 31 | 0 | 26 | 27 | 177 | 2 | 87 | 3 |
| Two Item Combo (1 serving) with Meat Choice Bayou Shrimp | 370 | 370 | 179 | 20 | 11 | 0 | 305 | 780 | 12 | 1 | 5 | 36 | 1335 | 19 | 138 | 6 |
| Two Item Combo (1 serving) with Meat Choice Beef Ribs | 590 | 588 | 115 | 13 | 5 | 0 | 107 | 1270 | 78 | 0 | 65 | 36 | 630 | 5 | 100 | 7 |
| Two Item Combo (1 serving) with Meat Choice Jalapeno Cheddar Sausage | 360 | 360 | 288 | 32 | 12 | 0 | 80 | 780 | 2 | 0 | 0 | 16 | 200 | 0 | 80 | 1 |
| Two Item Combo (1 serving) with Meat Choice Pulled Chicken | 570 | 566 | 195 | 22 | 6 | 0 | 141 | 584 | 57 | 0 | 48 | 31 | 518 | 8 | 78 | 4 |
| Two Item Combo (1 serving) with Meat Choice Pulled Pork | 400 | 397 | 204 | 23 | 8 | 0 | 113 | 1031 | 17 | 0 | 14 | 30 | 301 | 4 | 67 | 2 |
| Two Item Combo (1 serving) with Meat Choice Red Hot Links | 600 | 600 | 486 | 54 | 20 | 0 | 130 | 1540 | 4 | 0 | 2 | 28 | 200 | 0 | 40 | 2 |
| Two Item Combo (1 serving) with Meat Choice Salmon | 200 | 200 | 118 | 13 | 3 | 0 | 59 | 269 | 1 | 0 | 0 | 20 | 52 | 4 | 15 | 0 |
| Two Item Combo (1 serving) with Meat Choice Smoked Beef Brisket | 560 | 557 | 293 | 33 | 13 | 0 | 116 | 899 | 32 | 0 | 27 | 32 | 151 | 2 | 51 | 4 |
| Two Item Combo (1 serving) with Meat Choice Smoked Ham | 250 | 249 | 81 | 9 | 2 | 0 | 90 | 1813 | 12 | 0 | 12 | 30 | 9 | 0 | 1 | 1 |
| Two Item Combo (1 serving) with Meat Choice Smoked Rib Tips | 500 | 504 | 235 | 26 | 10 | 0 | 90 | 897 | 47 | 0 | 36 | 18 | 420 | 3 | 49 | 2 |
| Two Item Combo (1 serving) with Meat Choice Smoked Turkey | 290 | 295 | 140 | 16 | 2 | 0 | 90 | 1764 | 3 | 0 | 3 | 33 | 4 | 0 | 1 | 1 |
| Two Item Combo (1 serving) with Meat Choice St Louis Ribs | 620 | 618 | 362 | 40 | 15 | 0 | 133 | 864 | 31 | 0 | 26 | 29 | 382 | 2 | 88 | 3 |

| | Roun | Total | Fat | Total | Satur | Trans | Chole | Sodi | Total | Fiber | Sugar | Protei | Vit A | Vit C | Calciu | Iron |
|--|---------------|---------------|---------------|--------------|--------------|--------------|---------------|-------------|--------------|--------------|--------------|---------------|--------------|--------------|---------------|-------------|
| Catering Appetizers | ded | Calori | Calori | Fat | ated | Fat | sterol | m | Carbs | (g) | (g) | n (g) | (iu) | (mg) | m | (mg) |
| | Calori | es | es | (g) | Fat | (g) | (mg) | (mg) | (g) | (g) | (g) | (g) | (iu) | (mg) | (mg) | (mg) |
| BBQ Rib Tips (1 serving) | 590 | 592 | 313 | 35 | 13 | 0 | 120 | 1046 | 44 | 0 | 32 | 24 | 460 | 3 | 45 | 2 |
| BBQ Rib Tips (30 servings) | 17750 | 17753 | 9400 | 1044 | 401 | 0 | 3600 | 31387 | 1323 | 9 | 966 | 725 | 13792 | 79 | 1340 | 49 |
| Bayou Spicy Shrimp Platter (1 serving) | 260 | 262 | 121 | 13 | 8 | 0 | 211 | 528 | 10 | 1 | 4 | 25 | 981 | 22 | 101 | 4 |

| | | | | | | | | | | | | | | | | |
|--|-------|-------|-------|------|-----|---|------|-------|------|----|-----|------|-------|------|------|----|
| Bayou Spicy Shrimp Platter (10 servings) | 2620 | 2625 | 1207 | 134 | 75 | 0 | 2108 | 5282 | 101 | 13 | 42 | 251 | 9805 | 223 | 1013 | 40 |
| Cheese Platter, Large (1 serving) | 380 | 380 | 260 | 29 | 18 | 0 | 93 | 690 | 1 | 0 | 1 | 22 | 96 | 0 | 58 | 0 |
| Cheese Platter, Large (50 servings) | 18990 | 18985 | 13003 | 1445 | 883 | 0 | 4659 | 34519 | 73 | 0 | 64 | 1106 | 4800 | 0 | 2888 | 0 |
| Crab Cake Platter (1 serving) | 1120 | 1122 | 813 | 90 | 16 | 0 | 181 | 1817 | 52 | 2 | 11 | 24 | 1717 | 92 | 108 | 3 |
| Crab Cake Platter (12 servings) | 13460 | 13463 | 9756 | 1084 | 187 | 0 | 2173 | 21806 | 624 | 29 | 127 | 291 | 20601 | 1109 | 1290 | 33 |
| Cracker Tray (1 serving) | 280 | 284 | 71 | 8 | 2 | 0 | 2 | 541 | 45 | 2 | 3 | 7 | 0 | 0 | 8 | 2 |
| Cracker Tray (30 servings) | 8510 | 8507 | 2130 | 237 | 50 | 0 | 70 | 16220 | 1353 | 63 | 95 | 208 | 0 | 0 | 253 | 71 |
| Deviled Eggs (1 egg) | 80 | 83 | 65 | 7 | 2 | 0 | 109 | 94 | 0 | 0 | 0 | 4 | 147 | 1 | 14 | 0 |
| Deviled Eggs (60 eggs) | 4980 | 4983 | 3894 | 433 | 103 | 0 | 6524 | 5661 | 19 | 2 | 15 | 225 | 8820 | 44 | 824 | 29 |
| Fresh Fruit Platter, Large (1 serving) | 50 | 50 | 2 | 0 | 0 | 0 | 0 | 7 | 11 | 1 | 9 | 1 | 635 | 29 | 11 | 0 |
| Fresh Fruit Platter, Large (50 servings) | 2510 | 2513 | 95 | 11 | 2 | 0 | 0 | 353 | 570 | 72 | 450 | 34 | 31754 | 1442 | 547 | 15 |
| Grilled Hot Links (1 serving) | 1120 | 1120 | 840 | 93 | 32 | 0 | 213 | 3403 | 24 | 3 | 19 | 43 | 2100 | 4 | 127 | 4 |
| Grilled Hot Links (12 servings) | 13440 | 13440 | 10080 | 1120 | 384 | 0 | 2560 | 40840 | 292 | 32 | 224 | 512 | 25200 | 53 | 1520 | 43 |
| Mini Crab Cakes, 1 oz (1 serving) | 70 | 70 | 42 | 5 | 1 | 0 | 14 | 103 | 5 | 0 | 1 | 2 | 115 | 8 | 10 | 0 |
| Mini Crab Cakes, 1 oz (60 servings) | 4220 | 4217 | 2500 | 278 | 50 | 0 | 847 | 6153 | 281 | 12 | 44 | 136 | 6892 | 480 | 600 | 15 |
| Mini Crab Cakes, 2 oz (1 serving) | 140 | 141 | 83 | 9 | 2 | 0 | 28 | 205 | 9 | 0 | 1 | 5 | 230 | 16 | 20 | 1 |
| Mini Crab Cakes, 2 oz (30 servings) | 4220 | 4217 | 2500 | 278 | 50 | 0 | 847 | 6153 | 281 | 12 | 44 | 136 | 6892 | 480 | 600 | 15 |
| Southern Chicken Strips (1 serving) | 340 | 341 | 196 | 22 | 3 | 0 | 50 | 556 | 21 | 1 | 6 | 17 | 519 | 9 | 32 | 1 |
| Southern Chicken Strips (12 servings) | 4090 | 4088 | 2350 | 261 | 39 | 0 | 605 | 6669 | 250 | 8 | 77 | 202 | 6234 | 104 | 386 | 15 |
| Spinach and Cheese Dip (1 serving) | 780 | 784 | 309 | 34 | 13 | 0 | 38 | 1312 | 94 | 7 | 10 | 25 | 6348 | 15 | 643 | 3 |
| Spinach and Cheese Dip (12 servings) | 9400 | 9402 | 3703 | 411 | 151 | 0 | 450 | 15741 | 1122 | 86 | 114 | 299 | 76175 | 180 | 7719 | 37 |
| Vegetable Platter, Large (1 serving) | 20 | 21 | 1 | 0 | 0 | 0 | 0 | 32 | 4 | 1 | 2 | 1 | 2815 | 37 | 20 | 0 |
| Vegetable Platter, Large (50 servings) | 1030 | 1031 | 60 | 7 | 1 | 0 | 0 | 1613 | 206 | 71 | 110 | 40 | 1E+05 | 1839 | 978 | 19 |

| Catering Sandwiches | | Round Calori Calori | Total Calori es | Fat Calori es | Total Fat (g) | Satur ated Fat | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar s (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--|--|---------------------------|-----------------------|---------------------|---------------------|----------------------|---------------------|-------------------------|--------------------|-----------------------|--------------|----------------|-----------------|---------------|---------------|---------------------|--------------|
| Grilled Veggie Burger (1 serving) | | 1220 | 1217 | 823 | 91 | 24 | 0 | 127 | 1950 | 74 | 6 | 16 | 23 | 1731 | 10 | 274 | 4 |
| Pulled Chicken Sandwich Platter (1 sandwich) | | 600 | 602 | 293 | 33 | 11 | 0 | 178 | 392 | 41 | 2 | 8 | 35 | 382 | 3 | 45 | 3 |
| Pulled Pork Sandwich Platter (1 sandwich) | | 580 | 578 | 246 | 27 | 10 | 0 | 109 | 1017 | 51 | 2 | 4 | 31 | 241 | 2 | 53 | 4 |
| Texas Style Beef Brisket Sandwich Platter (1 sandwich) | | 870 | 873 | 427 | 47 | 17 | 0 | 162 | 1179 | 74 | 4 | 35 | 36 | 1226 | 20 | 103 | 5 |
| Tri Tip Sandwich Platter (1 sandwich) | | 670 | 671 | 254 | 28 | 11 | 0 | 162 | 1524 | 64 | 2 | 27 | 39 | 341 | 2 | 99 | 5 |
| Catering Salads and Specialties | | Round Calori Calori | Total Calori es | Fat Calori es | Total Fat (g) | Satur ated Fat | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar s (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
| BBQ Chicken Salad Platter (1 serving) | | 770 | 771 | 404 | 45 | 9 | 0 | 106 | 1222 | 50 | 5 | 23 | 38 | 5180 | 18 | 187 | 6 |
| BBQ Chicken Salad Platter (12 servings) | | 9250 | 9255 | 4849 | 539 | 103 | 0 | 1268 | 14666 | 603 | 55 | 280 | 456 | 62154 | 215 | 2239 | 68 |
| Jambalaya Me-Oh-My-A (1 serving) | | 1510 | 1511 | 886 | 98 | 31 | 0 | 214 | 2639 | 110 | 4 | 12 | 46 | 4200 | 130 | 128 | 8 |
| Jambalaya Me-Oh-My-A (12 servings) | | 18140 | 18137 | 10638 | 1182 | 376 | 0 | 2569 | 31664 | 1319 | 51 | 140 | 547 | 50406 | 1559 | 1537 | 97 |
| New Orleans Gumbo Platter (1 serving) | | 530 | 527 | 232 | 26 | 7 | 0 | 95 | 942 | 50 | 2 | 2 | 22 | 712 | 41 | 64 | 3 |
| New Orleans Gumbo Platter (12 servings) | | 6330 | 6328 | 2788 | 310 | 85 | 0 | 1139 | 11306 | 595 | 23 | 27 | 266 | 8544 | 497 | 768 | 40 |
| Smoked Chicken Pasta (1 serving) | | 1040 | 1041 | 698 | 78 | 29 | 1 | 189 | 1283 | 54 | 3 | 10 | 29 | 1431 | 83 | 324 | 3 |
| Tri Tip Salad Platter (1 serving) | | 590 | 592 | 276 | 31 | 7 | 0 | 68 | 835 | 53 | 8 | 34 | 26 | 11013 | 281 | 202 | 10 |
| Tri Tip Salad Platter (12 servings) | | 7100 | 7104 | 3311 | 368 | 79 | 0 | 816 | 10022 | 640 | 100 | 404 | 308 | 1E+05 | 3376 | 2427 | 118 |
| Veggie Pasta (1 serving) | | 200 | 202 | 120 | 13 | 4 | 0 | 14 | 324 | 16 | 1 | 2 | 4 | 386 | 22 | 71 | 1 |
| Catering Desserts | | Round Calori Calori | Total Calori es | Fat Calori es | Total Fat (g) | Satur ated Fat | Trans Fat (g) | Chole sterol (mg) | Sodi um (mg) | Total Carbs (g) | Fiber (g) | Sugar s (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
| Chocolate Chunk Cookie (1 cookie) | | 220 | 220 | 90 | 10 | 6 | 0 | 20 | 180 | 31 | 1 | 19 | 3 | 0 | 0 | 10 | 1 |

| | | | | | | | | | | | | | | | | |
|--|-------|-------|------|-----|-----|---|-----|-------|------|----|------|-----|------|-----|------|----|
| Fudge Brownie, Individual (1 serving) | 400 | 402 | 90 | 10 | 3 | 0 | 0 | 386 | 74 | 0 | 50 | 3 | 0 | 0 | 0 | 4 |
| Half Chocolate Sheet Cake (1 piece) | 1330 | 1329 | 613 | 68 | 32 | 0 | 85 | 1038 | 166 | 6 | 133 | 16 | 693 | 1 | 286 | 6 |
| Half Chocolate Sheet Cake (5 pieces) | 6640 | 6643 | 3064 | 340 | 162 | 0 | 427 | 5192 | 832 | 28 | 666 | 79 | 3464 | 3 | 1429 | 31 |
| Old Fashioned Banana Pudding (1 serving) | 1300 | 1296 | 680 | 76 | 46 | 0 | 232 | 739 | 137 | 1 | 103 | 6 | 2464 | 109 | 308 | 1 |
| Whole Apple Cobbler (1 serving) | 2130 | 2131 | 776 | 86 | 51 | 0 | 243 | 1955 | 310 | 3 | 216 | 23 | 2067 | 7 | 395 | 6 |
| Whole Berry Cobbler (1 serving) | 290 | 285 | 57 | 6 | 3 | 0 | 21 | 59 | 54 | 3 | 38 | 3 | 289 | 49 | 38 | 1 |
| Whole Peach Cobbler (1 serving) | 710 | 713 | 257 | 29 | 17 | 0 | 79 | 669 | 104 | 1 | 73 | 8 | 773 | 3 | 131 | 2 |
| Whole Chocolate Sheet Cake (1 piece) | 1330 | 1329 | 613 | 68 | 32 | 0 | 85 | 1038 | 166 | 6 | 133 | 16 | 693 | 1 | 286 | 6 |
| Whole Chocolate Sheet Cake (10 pieces) | 13290 | 13286 | 6129 | 681 | 324 | 0 | 854 | 10385 | 1664 | 56 | 1333 | 158 | 6929 | 6 | 2859 | 61 |

Celebration Menu Appetizers

| | Rounded Calories | Total Calories | Fat Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
|--------------------------------------|-------------------------|-----------------------|---------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------------|------------------|-------------------|--------------------|-------------------|-------------------|---------------------|------------------|
| Buffalo Cauliflower (1 serving) | 240 | 240 | 123 | 14 | 4 | 0 | 19 | 2347 | 21 | 4 | 6 | 9 | 1297 | 54 | 148 | 1 |
| Cracked Out Deviled Eggs (1 serving) | 180 | 182 | 126 | 14 | 4 | 0 | 168 | 337 | 5 | 1 | 2 | 9 | 573 | 17 | 34 | 1 |
| Hot Honey Cauliflower (1 serving) | 220 | 223 | 55 | 6 | 1 | 0 | 4 | 612 | 37 | 3 | 22 | 5 | 198 | 53 | 64 | 1 |
| Onion Straws (1 serving) | 170 | 171 | 54 | 6 | 1 | 0 | 4 | 466 | 26 | 1 | 7 | 4 | 77 | 5 | 61 | 1 |
| Spinach and Cheese Dip (1 serving) | 420 | 420 | 158 | 18 | 6 | 0 | 21 | 637 | 51 | 4 | 4 | 14 | 3047 | 16 | 357 | 2 |

Celebration Menu Southern Specialties

| | Total Rounded Calories | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbs (g) | Fiber (g) | Sugars (g) | Protein (g) | Vit A (iu) | Vit C (mg) | Calcium (mg) | Iron (mg) |
|------------------------------------|-------------------------------|------------------------------|----------------------------|----------------------|--------------------------|----------------------|-------------------------|--------------------|------------------------|------------------|-------------------|--------------------|-------------------|-------------------|---------------------|------------------|
| Jambalaya (1 serving) | 940 | 942 | 545 | 61 | 16 | 0 | 189 | 1543 | 60 | 3 | 5 | 37 | 2887 | 98 | 87 | 6 |
| Southern Fried Chicken (1 serving) | 750 | 748 | 250 | 28 | 12 | 0 | 122 | 2408 | 80 | 10 | 17 | 44 | 15851 | 58 | 304 | 5 |

| | Total Rounded Calories | Total Calories (kcal) | Fat Calories (kcal) | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodiu m (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--|------------------------------|-----------------------------|---------------------------|---------------------|-----------------------------|---------------------|-------------------------|--------------------|-----------------------|--------------|--------------|-----------------|---------------|---------------|---------------------|--------------|
| New Orleans Gumbo (1 serving) | 200 | 203 | 90 | 10 | 3 | 0 | 40 | 356 | 18 | 1 | 1 | 9 | 274 | 16 | 23 | 1 |
| Celebration Menu Desserts | | | | | | | | | | | | | | | | |
| Apple Cobbler (1 serving) | 1170 | 1168 | 408 | 45 | 26 | 0 | 125 | 1031 | 174 | 2 | 124 | 13 | 1124 | 4 | 232 | 3 |
| Fudge Brownie, Individual (1 serving) | 400 | 402 | 90 | 10 | 3 | 0 | 0 | 386 | 74 | 0 | 50 | 3 | 0 | 0 | 0 | 4 |
| Old Fashioned Banana Pudding (1 serving) | 650 | 648 | 340 | 38 | 23 | 0 | 116 | 369 | 69 | 1 | 52 | 3 | 1232 | 55 | 154 | 1 |
| Snickers Ice Cream Pie (1 serving) | 370 | 365 | 179 | 20 | 9 | 0 | 34 | 196 | 41 | 1 | 29 | 5 | 370 | 0 | 90 | 1 |
| Chocolate Sheet Cake (1 serving) | 720 | 724 | 334 | 37 | 18 | 0 | 52 | 539 | 90 | 3 | 72 | 9 | 479 | 0 | 178 | 3 |

Lucilles BBQ Menu Analysis Book for Alcoholic Beverages for Core

| | Total Calori es Roun | Total Calori es (kcal) | Fat Calori es (kcal) | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodiu m (mg) | Total Carbs (g) | Fiber (g) | Sugar (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--|-------------------------------|---------------------------------|-------------------------------|---------------------|-----------------------------|---------------------|-------------------------|--------------------|-----------------------|--------------|--------------|-----------------|---------------|---------------|---------------------|--------------|
| Alcoholic Beverages | | | | | | | | | | | | | | | | |
| Agave Love (1 drink) | 200 | 204 | 0 | 0 | 0 | 0 | 0 | 3 | 24 | 0 | 22 | 0 | 12 | 18 | 5 | 0 |
| Almost World Famous Rum Punch (1 drink) | 270 | 265 | 0 | 0 | 0 | 0 | 0 | 18 | 36 | 1 | 27 | 1 | 309 | 63 | 31 | 0 |
| Back Porch Strawberry Lemonade (1 drink) | 270 | 266 | 1 | 0 | 0 | 0 | 0 | 3 | 35 | 1 | 32 | 0 | 10 | 36 | 15 | 0 |
| Bardstown Sling (1 drink) | 290 | 292 | 1 | 0 | 0 | 0 | 0 | 6 | 46 | 1 | 35 | 1 | 589 | 40 | 3 | 0 |
| Barrel Aged Manhattan (1 drink) | 210 | 208 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | 0 | 7 | 0 | 0 | 0 | 0 | 0 |
| Blood and Sand (1 drink) | 150 | 152 | 0 | 0 | 0 | 0 | 0 | 1 | 12 | 0 | 8 | 0 | 60 | 14 | 5 | 0 |
| Bloody Mary (1 drink) | 280 | 284 | 51 | 6 | 1 | 0 | 5 | 2730 | 29 | 2 | 9 | 5 | 660 | 8 | 63 | 2 |
| Blueberries Oh My (1 drink) | 180 | 176 | 1 | 0 | 0 | 0 | 0 | 1 | 19 | 1 | 16 | 0 | 14 | 6 | 3 | 0 |

| | | | | | | | | | | | | | | | | |
|---------------------------------------|-----|-----|-----|----|---|---|----|------|----|---|----|---|------|----|-----|---|
| Blueberries and Basil (1 drink) | 300 | 297 | 1 | 0 | 0 | 0 | 0 | 961 | 40 | 1 | 34 | 0 | 81 | 14 | 10 | 0 |
| Blueberry Mule (1 drink) | 220 | 224 | 0 | 0 | 0 | 0 | 0 | 0 | 26 | 0 | 24 | 0 | 15 | 5 | 3 | 0 |
| Boulevardier Lucille's (1 drink) | 190 | 194 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 1 | 2 | 0 | 57 | 14 | 10 | 0 |
| Bourbon Milk Punch (1 drink) | 370 | 369 | 109 | 12 | 8 | 0 | 45 | 50 | 35 | 1 | 21 | 2 | 1258 | 0 | 123 | 0 |
| Brown Derby (1 drink) | 160 | 160 | 0 | 0 | 0 | 0 | 0 | 4 | 14 | 0 | 13 | 0 | 0 | 15 | 0 | 0 |
| Captain and Coke (1 drink) | 130 | 130 | 0 | 0 | 0 | 0 | 0 | 2 | 12 | 0 | 10 | 0 | 0 | 0 | 0 | 0 |
| Cherry Blossom (1 drink) | 260 | 262 | 0 | 0 | 0 | 0 | 0 | 0 | 34 | 0 | 33 | 0 | 6 | 14 | 2 | 0 |
| Cherry Condition (1 drink) | 210 | 205 | 0 | 0 | 0 | 0 | 0 | 1 | 28 | 0 | 24 | 0 | 21 | 13 | 10 | 0 |
| Chocolate Manhattan (1 drink) | 240 | 245 | 0 | 0 | 0 | 0 | 0 | 0 | 16 | 0 | 3 | 0 | 0 | 0 | 0 | 0 |
| Citrus Harvest (1 drink) | 240 | 238 | 1 | 0 | 0 | 0 | 0 | 975 | 27 | 1 | 23 | 0 | 36 | 23 | 9 | 0 |
| Classic Smash (1 drink) | 280 | 277 | 0 | 0 | 0 | 0 | 0 | 1 | 28 | 0 | 26 | 0 | 24 | 14 | 3 | 0 |
| Classic Whiskey Sour (1 drink) | 230 | 230 | 1 | 0 | 0 | 0 | 0 | 55 | 18 | 0 | 16 | 4 | 4 | 11 | 4 | 0 |
| Cucumber Jalapeno Rita (1 drink) | 290 | 288 | 1 | 0 | 0 | 0 | 0 | 1921 | 39 | 0 | 33 | 0 | 58 | 11 | 7 | 0 |
| Cucumber Mule (1 drink) | 170 | 171 | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 9 | 0 | 21 | 7 | 3 | 0 |
| Cucumber Watermelon Martini (1 drink) | 220 | 219 | 0 | 0 | 0 | 0 | 0 | 1 | 18 | 0 | 16 | 0 | 77 | 8 | 3 | 0 |
| Dark and Stormy (1 drink) | 310 | 306 | 0 | 0 | 0 | 0 | 0 | 0 | 29 | 0 | 27 | 0 | 16 | 8 | 6 | 0 |
| Drink Before Midnight (1 drink) | 360 | 362 | 94 | 10 | 6 | 0 | 38 | 47 | 53 | 0 | 45 | 1 | 688 | 0 | 52 | 0 |
| El Pepino (1 drink) | 260 | 265 | 1 | 0 | 0 | 0 | 0 | 161 | 38 | 1 | 34 | 0 | 44 | 13 | 14 | 0 |

| | | | | | | | | | | | | | | | | |
|---------------------------------------|-----|-----|---|---|---|---|---|----|----|---|----|---|-----|----|----|---|
| Espresso Tini (1 drink) | 290 | 289 | 0 | 0 | 0 | 0 | 0 | 0 | 30 | 0 | 21 | 0 | 0 | 0 | 0 | 0 |
| Fancy (1 drink) | 150 | 149 | 0 | 0 | 0 | 0 | 0 | 1 | 21 | 1 | 18 | 0 | 89 | 28 | 16 | 0 |
| Five Rum Punch (1 drink) | 300 | 302 | 0 | 0 | 0 | 0 | 0 | 19 | 41 | 1 | 34 | 1 | 333 | 64 | 23 | 0 |
| Gentleman's Old Fashioned (1 drink) | 200 | 198 | 0 | 0 | 0 | 0 | 0 | 1 | 16 | 0 | 15 | 0 | 43 | 10 | 8 | 0 |
| Gin and Sin Martini (1 drink) | 240 | 237 | 0 | 0 | 0 | 0 | 0 | 1 | 23 | 0 | 20 | 0 | 38 | 10 | 8 | 0 |
| Gold Rush (1 drink) | 200 | 196 | 0 | 0 | 0 | 0 | 0 | 0 | 22 | 1 | 20 | 0 | 7 | 17 | 7 | 0 |
| High Five (1 drink) | 210 | 206 | 1 | 0 | 0 | 0 | 0 | 1 | 24 | 1 | 20 | 0 | 57 | 25 | 13 | 0 |
| Hot Honey Sour (1 drink) | 220 | 219 | 0 | 0 | 0 | 0 | 0 | 1 | 31 | 1 | 28 | 0 | 9 | 22 | 9 | 0 |
| Hummingbird Sangria (1 drink) | 220 | 217 | 1 | 0 | 0 | 0 | 0 | 1 | 26 | 1 | 15 | 0 | 121 | 28 | 21 | 0 |
| Hummingbird Sangria, Batch (1 drink) | 210 | 210 | 0 | 0 | 0 | 0 | 0 | 1 | 24 | 1 | 15 | 0 | 103 | 23 | 16 | 0 |
| Hummingbird Sangria, Batch (3 drinks) | 630 | 630 | 1 | 0 | 0 | 0 | 0 | 2 | 73 | 2 | 44 | 1 | 308 | 68 | 48 | 1 |
| Irish Mule (1 drink) | 200 | 196 | 0 | 0 | 0 | 0 | 0 | 0 | 27 | 0 | 25 | 0 | 16 | 8 | 6 | 0 |
| Jack and Coke (1 drink) | 240 | 238 | 0 | 0 | 0 | 0 | 0 | 2 | 10 | 0 | 10 | 0 | 0 | 0 | 0 | 0 |
| Jack and the Giant Peach (1 drink) | 260 | 265 | 0 | 0 | 0 | 0 | 0 | 2 | 33 | 1 | 31 | 1 | 589 | 26 | 0 | 0 |
| Jameson and Ginger (1 drink) | 130 | 129 | 0 | 0 | 0 | 0 | 0 | 13 | 9 | 0 | 9 | 0 | 0 | 0 | 0 | 0 |
| Kentucky Cooler (1 drink) | 240 | 237 | 0 | 0 | 0 | 0 | 0 | 1 | 25 | 0 | 23 | 0 | 27 | 14 | 5 | 0 |
| Lemon Drop Martini (1 drink) | 230 | 233 | 0 | 0 | 0 | 0 | 0 | 1 | 25 | 1 | 23 | 0 | 7 | 17 | 7 | 0 |
| Let's Do The Twist (1 drink) | 280 | 282 | 0 | 0 | 0 | 0 | 0 | 4 | 50 | 1 | 41 | 1 | 591 | 44 | 4 | 0 |
| Long Island Iced Tea (1 drink) | 270 | 273 | 0 | 0 | 0 | 0 | 0 | 2 | 43 | 1 | 40 | 0 | 19 | 18 | 11 | 0 |

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|--|-----|-----|----|---|---|---|----|------|-----|---|-----|---|-----|----|-----|---|
| Louisiana Lemonade (1 drink) | 300 | 303 | 1 | 0 | 0 | 0 | 0 | 50 | 40 | 1 | 31 | 0 | 26 | 23 | 13 | 0 |
| Lucille's Classic Caddy (1 drink) | 390 | 391 | 0 | 0 | 0 | 0 | 0 | 635 | 49 | 0 | 43 | 0 | 24 | 14 | 9 | 0 |
| Lucille's Classic Caddy, Shareable (1 drink) | 890 | 889 | 1 | 0 | 0 | 0 | 0 | 5 | 138 | 0 | 124 | 0 | 55 | 33 | 18 | 0 |
| Lucille's Top Shelf Rita (1 drink) | 330 | 327 | 1 | 0 | 0 | 0 | 0 | 1922 | 31 | 1 | 19 | 0 | 40 | 22 | 14 | 0 |
| Lucille's Woodford Old Fashioned (1 drink) | 180 | 179 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | 0 | 9 | 0 | 14 | 3 | 2 | 0 |
| Mango Cart Michelada (1 drink) | 190 | 186 | 2 | 0 | 0 | 0 | 1 | 1370 | 30 | 2 | 11 | 3 | 436 | 15 | 42 | 2 |
| Maple Milk Punch (1 drink) | 370 | 371 | 82 | 9 | 6 | 0 | 45 | 47 | 39 | 1 | 21 | 3 | 314 | 0 | 171 | 1 |
| Margarita (1 drink) | 270 | 268 | 1 | 0 | 0 | 0 | 0 | 1 | 40 | 1 | 36 | 0 | 27 | 16 | 12 | 0 |
| Margarita (1 drink) with Salt Rim | 270 | 268 | 1 | 0 | 0 | 0 | 0 | 961 | 40 | 1 | 36 | 0 | 27 | 16 | 12 | 0 |
| Mint Julep (1 drink) | 80 | 78 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Booker's Bourbon Whiskey | 290 | 288 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Buffalo Trace Bourbon Whiskey | 220 | 222 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Bulleit Rye Whiskey | 220 | 223 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Gentleman Jack | 210 | 207 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with High West Double Rye Whiskey | 210 | 212 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Jack Daniels Tennessee Whiskey | 210 | 212 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Jim Beam Bourbon Whiskey | 210 | 211 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Knob Creek Bourbon Whiskey | 240 | 238 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Makers Mark Bourbon Whiskey | 220 | 218 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Michter's US1 Single Rye | 240 | 240 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Templeton Rye Whiskey | 220 | 223 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Whistle Pig Rye Whiskey | 230 | 230 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Mint Julep (1 drink) with Woodford Reserve Bourbon Whiskey | 220 | 223 | 0 | 0 | 0 | 0 | 0 | 1 | 19 | 0 | 19 | 0 | 15 | 0 | 2 | 0 |
| Modelo Michelada (1 drink) | 170 | 171 | 1 | 0 | 0 | 0 | 0 | 1139 | 29 | 1 | 10 | 1 | 328 | 19 | 38 | 2 |
| Moody Blue (1 drink) | 270 | 271 | 0 | 0 | 0 | 0 | 0 | 1 | 37 | 1 | 29 | 0 | 66 | 26 | 11 | 0 |
| Moscow Mule (1 drink) | 200 | 204 | 0 | 0 | 0 | 0 | 0 | 0 | 27 | 0 | 25 | 0 | 16 | 8 | 6 | 0 |

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|--|-----|-----|---|---|---|---|---|---|------|-----|---|----|---|-----|-----|----|---|
| New York Sour (1 drink) | 190 | 191 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 18 | 1 | 15 | 0 | 7 | 17 | 8 | 0 |
| One Of Each (1 drink) | 180 | 179 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 19 | 0 | 4 | 11 | 2 | 0 |
| Paloma in Pearadise (1 drink) | 310 | 307 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 44 | 0 | 40 | 0 | 147 | 29 | 6 | 0 |
| Penicillin Cocktail (1 drink) | 190 | 192 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 22 | 1 | 20 | 0 | 7 | 17 | 7 | 0 |
| Rhythm and Blues (1 drink) | 220 | 223 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 28 | 0 | 26 | 0 | 25 | 10 | 5 | 0 |
| Ruby Red Berry Rita (1 drink) | 340 | 337 | 1 | 0 | 0 | 0 | 0 | 0 | 1925 | 48 | 1 | 43 | 0 | 24 | 31 | 9 | 0 |
| Rye Berry Smash (1 drink) | 220 | 221 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 28 | 0 | 25 | 0 | 13 | 21 | 5 | 0 |
| Sazerac Lucille's (1 drink) | 180 | 176 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 11 | 0 | 10 | 0 | 3 | 7 | 6 | 0 |
| Scarlet (1 drink) | 320 | 324 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 46 | 1 | 43 | 0 | 133 | 37 | 19 | 0 |
| Smokehouse Rita (1 drink) | 310 | 310 | 3 | 0 | 0 | 0 | 0 | 0 | 281 | 39 | 1 | 44 | 1 | 256 | 26 | 14 | 0 |
| Southern Sangria (1 drink) | 240 | 241 | 1 | 0 | 0 | 0 | 0 | 0 | 7 | 30 | 1 | 25 | 1 | 151 | 39 | 31 | 1 |
| Southern Sangria (1 drink) with Merlot Wine | 310 | 315 | 1 | 0 | 0 | 0 | 0 | 0 | 11 | 32 | 1 | 25 | 1 | 151 | 39 | 38 | 1 |
| Southern Sangria (1 drink) with Pinot Grigio | 310 | 315 | 1 | 0 | 0 | 0 | 0 | 0 | 7 | 31 | 1 | 25 | 1 | 151 | 39 | 31 | 1 |
| Southern Sangria, Batch (1 drink) | 230 | 234 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 28 | 1 | 24 | 1 | 122 | 31 | 25 | 1 |
| Southern Sangria, Batch (3 drinks) | 700 | 701 | 1 | 0 | 0 | 0 | 0 | 0 | 21 | 84 | 3 | 71 | 2 | 365 | 94 | 75 | 2 |
| Spiced Rum Punch, Glass (1 drink) | 260 | 260 | 2 | 0 | 0 | 0 | 0 | 0 | 4 | 36 | 2 | 30 | 1 | 163 | 37 | 37 | 0 |
| Spiced Rum Punch, Half Carafe (1 pitcher) | 690 | 686 | 3 | 0 | 0 | 0 | 0 | 0 | 13 | 114 | 4 | 98 | 2 | 617 | 141 | 80 | 1 |
| Sunset Over Texas Martini (1 drink) | 240 | 242 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 30 | 0 | 24 | 0 | 65 | 16 | 6 | 0 |
| Suntory Highball (1 drink) | 110 | 106 | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 1 | 0 | 1 | 0 | 14 | 3 | 2 | 0 |
| Sweet Georgia Peach (1 drink) | 290 | 287 | 0 | 0 | 0 | 0 | 0 | 0 | 4 | 39 | 0 | 28 | 1 | 281 | 18 | 5 | 0 |

| | | | | | | | | | | | | | | | | |
|---|------|------|-----|----|---|---|----|-----|-----|---|-----|---|-----|-----|----|---|
| Sweet Melondee (1 drink) | 210 | 209 | 1 | 0 | 0 | 0 | 0 | 509 | 28 | 1 | 25 | 0 | 50 | 22 | 14 | 0 |
| Texas Goes Tiki, Bottle (1 serving) | 270 | 268 | 0 | 0 | 0 | 0 | 0 | 10 | 37 | 0 | 32 | 0 | 144 | 27 | 14 | 0 |
| Texas Goes Tiki, Bottle (3 servings) | 800 | 803 | 1 | 0 | 0 | 0 | 0 | 29 | 112 | 1 | 97 | 0 | 433 | 82 | 43 | 1 |
| Texas Goes Tiki, Glass (1 drink) | 270 | 274 | 0 | 0 | 0 | 0 | 0 | 14 | 39 | 0 | 34 | 0 | 146 | 27 | 15 | 1 |
| Twisted Jimmy (1 drink) | 440 | 437 | 0 | 0 | 0 | 0 | 0 | 8 | 74 | 1 | 60 | 1 | 884 | 60 | 4 | 0 |
| Velvet Vibes (1 drink) | 430 | 425 | 134 | 15 | 9 | 0 | 51 | 68 | 44 | 0 | 36 | 2 | 960 | 0 | 71 | 0 |
| Vodka Martini (1 drink) | 280 | 283 | 27 | 3 | 0 | 0 | 0 | 339 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Watermelon Crush, Bottle (1 serving) | 370 | 372 | 0 | 0 | 0 | 0 | 0 | 56 | 58 | 1 | 51 | 0 | 43 | 8 | 4 | 0 |
| Watermelon Crush, Bottle (3 servings) | 1110 | 1115 | 1 | 0 | 0 | 0 | 0 | 168 | 175 | 3 | 154 | 0 | 130 | 23 | 13 | 0 |
| Watermelon Crush, Glass (1 drink) | 370 | 372 | 0 | 0 | 0 | 0 | 0 | 56 | 58 | 1 | 51 | 0 | 59 | 8 | 4 | 0 |
| Watermelon Margarita (1 drink) | 320 | 323 | 1 | 0 | 0 | 0 | 0 | 647 | 43 | 1 | 35 | 0 | 85 | 12 | 8 | 0 |
| Watermelon Margarita, Shareable (1 drink) | 870 | 867 | 1 | 0 | 0 | 0 | 0 | 54 | 152 | 2 | 135 | 0 | 49 | 30 | 16 | 0 |
| Watermelon Tea (1 drink) | 260 | 264 | 0 | 0 | 0 | 0 | 0 | 36 | 30 | 2 | 27 | 0 | 38 | 11 | 5 | 0 |
| Whiskey Barrel Cooler (1 drink) | 300 | 295 | 0 | 0 | 0 | 0 | 0 | 40 | 37 | 2 | 34 | 0 | 49 | 14 | 4 | 0 |
| Winter Old Fashioned (1 drink) | 190 | 194 | 0 | 0 | 0 | 0 | 0 | 3 | 12 | 0 | 12 | 0 | 27 | 6 | 8 | 0 |
| Witch Doctor's Punch (1 drink) | 380 | 376 | 16 | 2 | 2 | 0 | 0 | 25 | 52 | 3 | 44 | 1 | 253 | 53 | 27 | 1 |
| Witch Doctor's Punch, Bottle (1 serving) | 360 | 363 | 16 | 2 | 2 | 0 | 0 | 20 | 49 | 2 | 42 | 1 | 224 | 46 | 22 | 1 |
| Witch Doctor's Punch, Bottle (3 servings) | 1090 | 1090 | 48 | 5 | 5 | 0 | 0 | 61 | 147 | 7 | 125 | 2 | 673 | 137 | 66 | 2 |

| Beers | Total Roun ded Calori | Total Calori es (kcal) | Fat Calori es (kcal) | Total Fat (g) | Satur ated Fat (g) | Trans Fat (g) | Chole sterol (mg) | Sodiu m (mg) | Total Carbs (g) | Fiber (g) | Sugar s (g) | Protei n (g) | Vit A (iu) | Vit C (mg) | Calciu m (mg) | Iron (mg) |
|--|--|---|---|------------------------------|---------------------------------------|------------------------------|----------------------------------|-----------------------------|--------------------------------|----------------------|------------------------|-------------------------|-----------------------|-----------------------|------------------------------|----------------------|
| Ambers and Reds (16 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Ambers and Reds (16 fluid ounces) with New Belgium Fat Tire Amber Ale | 210 | 213 | 0 | 0 | 0 | 0 | 0 | 0 | 19 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Ambers and Reds (16 fluid ounces) with Shiner Bock | 190 | 189 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Ambers and Reds (21 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Ambers and Reds (21 fluid ounces) with New Belgium Fat Tire Amber Ale | 280 | 280 | 0 | 0 | 0 | 0 | 0 | 0 | 24 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Ambers and Reds (21 fluid ounces) with Shiner Bock | 250 | 248 | 0 | 0 | 0 | 0 | 0 | 0 | 23 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Bottled Beer (12 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Bottled Beer (12 fluid ounces) with Bud Light | 110 | 110 | 0 | 0 | 0 | 0 | 0 | 9 | 7 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Bottled Beer (12 fluid ounces) with Coors Light | 100 | 102 | 0 | 0 | 0 | 0 | 0 | 10 | 5 | 0 | 1 | 1 | 0 | 0 | 0 | 0 |
| Bottled Beer (12 fluid ounces) with Corona | 150 | 148 | 0 | 0 | 0 | 0 | 0 | 0 | 14 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Bottled Beer (12 fluid ounces) with Dos Equis Lager | 130 | 131 | 0 | 0 | 0 | 0 | 0 | 32 | 11 | 0 | 3 | 1 | 0 | 0 | 0 | 0 |
| Bottled Beer (12 fluid ounces) with Michelob Ultra | 100 | 95 | 0 | 0 | 0 | 0 | 0 | 9 | 3 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Bottled Beer (12 fluid ounces) with Miller Lite | 100 | 96 | 0 | 0 | 0 | 0 | 0 | 5 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Bottled Beer (12 fluid ounces) with Truly Strawberry Lemonade Hard Seltzer | 100 | 100 | 0 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| Bottled Beer (12 fluid ounces) with White Claw Mango Hard Seltzer | 100 | 100 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 2 | 0 | 0 | 0 | 0 | 0 |
| Bottled Beer (16 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Bottled Beer (16 fluid ounces) with Bud Light | 150 | 147 | 0 | 0 | 0 | 0 | 0 | 12 | 9 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Bottled Beer (16 fluid ounces) with Coors Light | 140 | 136 | 0 | 0 | 0 | 0 | 0 | 13 | 7 | 0 | 1 | 1 | 0 | 0 | 0 | 0 |
| Bottled Beer (16 fluid ounces) with Corona | 200 | 197 | 0 | 0 | 0 | 0 | 0 | 0 | 19 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Bottled Beer (16 fluid ounces) with Dos Equis Lager | 170 | 175 | 0 | 0 | 0 | 0 | 0 | 43 | 15 | 0 | 4 | 1 | 0 | 0 | 0 | 0 |
| Bottled Beer (16 fluid ounces) with Michelob Ultra | 130 | 127 | 0 | 0 | 0 | 0 | 0 | 12 | 3 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Bottled Beer (16 fluid ounces) with Miller Lite | 130 | 128 | 0 | 0 | 0 | 0 | 0 | 7 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Bottled Beer (16 fluid ounces) with Truly Strawberry Lemonade Hard Seltzer | 130 | 133 | 0 | 0 | 0 | 0 | 0 | 0 | 4 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| Bottled Beer (16 fluid ounces) with White Claw Mango Hard Seltzer | 130 | 133 | 0 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 3 | 0 | 0 | 0 | 0 | 0 |
| Common Space Familiar Friend Pale Ale (16 fluid ounces) | 260 | 260 | 0 | 0 | 0 | 0 | 0 | 0 | 20 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Common Space Familiar Friend Pale Ale (22 fluid ounces) | 360 | 358 | 0 | 0 | 0 | 0 | 0 | 0 | 28 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Dark Ales (16 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Dark Ales (16 fluid ounces) with Modern Times Black House Nitro | 280 | 279 | 0 | 0 | 0 | 0 | 0 | 44 | 28 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Dark Ales (21 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Dark Ales (21 fluid ounces) with Modern Times Black House Nitro | 370 | 366 | 0 | 0 | 0 | 0 | 0 | 58 | 37 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |

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|--|-----|-----|---|---|---|---|---|------|----|---|----|---|-----|----|----|---|
| Fieldwork Pulp IPA (16 fluid ounces) | 290 | 293 | 0 | 0 | 0 | 0 | 0 | 13 | 27 | 1 | 0 | 4 | 0 | 0 | 0 | 0 |
| Fieldwork Pulp IPA (22 fluid ounces) | 400 | 403 | 0 | 0 | 0 | 0 | 0 | 18 | 37 | 2 | 0 | 6 | 0 | 0 | 0 | 0 |
| Firestone Cerveza Michelada (1 drink) | 200 | 197 | 2 | 0 | 0 | 0 | 1 | 1281 | 29 | 2 | 9 | 1 | 436 | 15 | 42 | 2 |
| Gold (16 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Gold (16 fluid ounces) with Victory Golden Monkey Belgian Tripel | 350 | 347 | 0 | 0 | 0 | 0 | 0 | 20 | 24 | 1 | 0 | 3 | 0 | 0 | 0 | 0 |
| Gold (21 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Gold (21 fluid ounces) with Victory Golden Monkey Belgian Tripel | 450 | 455 | 0 | 0 | 0 | 0 | 0 | 26 | 32 | 2 | 0 | 4 | 0 | 0 | 0 | 0 |
| Hard Cider (16 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Hard Cider (16 fluid ounces) with Ace Pineapple Hard Cider | 230 | 233 | 0 | 0 | 0 | 0 | 0 | 0 | 16 | 0 | 12 | 0 | 0 | 0 | 0 | 0 |
| Hard Cider (21 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Hard Cider (21 fluid ounces) with Ace Pineapple Hard Cider | 310 | 306 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 16 | 0 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) with Bud Light | 150 | 147 | 0 | 0 | 0 | 0 | 0 | 12 | 9 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) with Coors Light | 140 | 136 | 0 | 0 | 0 | 0 | 0 | 13 | 7 | 0 | 1 | 1 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) with Firestone 805 Blonde Ale | 200 | 199 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) with Firestone 805 Cerveza | 200 | 199 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) with Kona Big Wave Golden Ale | 180 | 176 | 0 | 0 | 0 | 0 | 0 | 12 | 13 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) with Michelob Ultra | 130 | 127 | 0 | 0 | 0 | 0 | 0 | 12 | 3 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) with Modelo Especial | 160 | 162 | 0 | 0 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) with Stella Artois | 200 | 200 | 0 | 0 | 0 | 0 | 0 | 23 | 15 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) with Stone Buenaveza | 190 | 187 | 0 | 0 | 0 | 0 | 0 | 43 | 13 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Lighter Styles (16 fluid ounces) with Trumer Pilsner | 200 | 199 | 0 | 0 | 0 | 0 | 0 | 9 | 14 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Lighter Styles (21 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lighter Styles (21 fluid ounces) with Bud Light | 190 | 193 | 0 | 0 | 0 | 0 | 0 | 16 | 12 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Lighter Styles (21 fluid ounces) with Coors Light | 180 | 179 | 0 | 0 | 0 | 0 | 0 | 18 | 9 | 0 | 2 | 1 | 0 | 0 | 0 | 0 |
| Lighter Styles (21 fluid ounces) with Firestone 805 Blonde Ale | 260 | 261 | 0 | 0 | 0 | 0 | 0 | 0 | 22 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lighter Styles (21 fluid ounces) with Firestone 805 Cerveza | 260 | 261 | 0 | 0 | 0 | 0 | 0 | 0 | 22 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lighter Styles (21 fluid ounces) with Kona Big Wave Golden Ale | 230 | 231 | 0 | 0 | 0 | 0 | 0 | 16 | 18 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Lighter Styles (21 fluid ounces) with Michelob Ultra | 170 | 166 | 0 | 0 | 0 | 0 | 0 | 16 | 5 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Lighter Styles (21 fluid ounces) with Modelo Especial | 210 | 213 | 0 | 0 | 0 | 0 | 0 | 0 | 20 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Lighter Styles (21 fluid ounces) with Stella Artois | 260 | 263 | 0 | 0 | 0 | 0 | 0 | 30 | 20 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Lighter Styles (21 fluid ounces) with Stone Buenaveza | 250 | 245 | 0 | 0 | 0 | 0 | 0 | 56 | 18 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |

| | | | | | | | | | | | | | | | | | |
|---|-----|-----|---|---|---|---|---|---|----|----|---|---|---|---|---|----|---|
| Lighter Styles (21 fluid ounces) with Trumer Pilsner | 260 | 261 | 0 | 0 | 0 | 0 | 0 | 0 | 12 | 19 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| New Belgium Voodoo Ranger Juice Force IPA (16 fluid ounces) | 250 | 253 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 20 | 0 | 0 | 0 | 0 | 0 | 36 | 0 |
| Pacifico Clara Lager (16 fluid ounces) | 190 | 192 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 18 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| Pacifico Clara Lager (22 fluid ounces) | 260 | 264 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 25 | 0 | 2 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Almanac Beer Company Love Hazy II | 100 | 102 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 9 | 0 | 1 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Ballast Point Sculpin IPA | 140 | 143 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | 14 | 0 | 0 | 1 | 0 | 0 | 8 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Beachwood BBQ Citraholic IPA | 100 | 102 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 9 | 1 | 0 | 1 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Brouwerij West Picnic Lightning Hazy | 120 | 123 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 11 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Drakes Denogginizer Double IPA | 160 | 159 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with El Segundo Broken Skull | 120 | 123 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 8 | 0 | 1 | 1 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Elysian Space Dust IPA | 130 | 134 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Firestone Brewing Mind Haze IPA | 120 | 120 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Four Peaks Hopknot IPA | 120 | 117 | 0 | 0 | 0 | 0 | 0 | 0 | 15 | 9 | 0 | 1 | 1 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Fremont Sky Kraken | 100 | 96 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | 9 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Garage Brewing Supercharged IPA | 120 | 122 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Gunwhale Bait Ball IPA | 130 | 134 | 0 | 0 | 0 | 0 | 0 | 0 | 12 | 12 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Hangar 24 Mango Island IPA | 110 | 108 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 9 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Kern River Just Outstanding IPA | 110 | 111 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 9 | 1 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with King Harbor Tiki Hut IPA | 100 | 99 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 6 | 0 | 0 | 2 | 0 | 0 | 12 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Knee Deep Breaking Bud | 110 | 106 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 7 | 0 | 0 | 1 | 0 | 0 | 12 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Lovelady Love Juice Hazy IPA | 120 | 125 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 12 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Modern Times Orderville | 120 | 124 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 9 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with New Belgium Voodoo Ranger IPA | 110 | 111 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 9 | 0 | 0 | 0 | 0 | 0 | 16 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Offshoot Relax It's Just A Hazy IPA | 120 | 120 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 8 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Refuge Brewing Baja Crush Hazy IPA | 110 | 112 | 0 | 0 | 0 | 0 | 0 | 0 | 16 | 10 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Revision Disco Ninja | 130 | 134 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Sierra Nevada Hazy Little Thing | 120 | 125 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 12 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Sierra Nevada Pale Ale | 100 | 102 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 8 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Smog City Hoptonic IPA | 100 | 96 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (7 fluid ounces) with Societe The Pupil IPA | 120 | 117 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 7 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Almanac Beer Company Love Hazy | 230 | 233 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 20 | 0 | 1 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Ballast Point Sculpin IPA | 330 | 326 | 0 | 0 | 0 | 0 | 0 | 0 | 20 | 32 | 0 | 0 | 2 | 0 | 0 | 18 | 0 |

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|---|-----|-----|---|---|---|---|---|---|----|----|---|---|---|---|---|----|---|
| Pale Ales and IPAs (16 fluid ounces) with Beachwood BBQ Citraholic IPA | 230 | 233 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 20 | 1 | 0 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Brouwerij West Picnic Lightning Haz | 280 | 280 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 24 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Drakes Denogginizer Double IPA | 360 | 363 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 22 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with El Segundo Broken Skull | 280 | 280 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 19 | 0 | 1 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Elysian Space Dust IPA | 310 | 305 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 20 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Firestone Brewing Mind Haze IPA | 270 | 273 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Four Peaks Hopknot IPA | 270 | 268 | 0 | 0 | 0 | 0 | 0 | 0 | 33 | 20 | 0 | 3 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Fremont Sky Kraken | 220 | 220 | 0 | 0 | 0 | 0 | 0 | 0 | 20 | 20 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Garage Brewing Supercharged IPA | 280 | 280 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Gunwhale Bait Ball IPA | 310 | 307 | 0 | 0 | 0 | 0 | 0 | 0 | 27 | 27 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Hangar 24 Mango Island IPA | 250 | 247 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 21 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Kern River Just Outstanding IPA | 250 | 253 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 21 | 1 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with King Harbor Tiki Hut IPA | 230 | 227 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 13 | 0 | 0 | 4 | 0 | 0 | 27 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Knee Deep Breaking Bud | 240 | 242 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 15 | 0 | 0 | 3 | 0 | 0 | 28 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Lovelady Love Juice Hazy IPA | 290 | 285 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 27 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Modern Times Orderville | 280 | 284 | 0 | 0 | 0 | 0 | 0 | 0 | 39 | 21 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with New Belgium Voodoo Ranger IPA | 250 | 253 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 20 | 0 | 0 | 0 | 0 | 0 | 36 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Offshoot Relax It's Just A Hazy IPA | 270 | 273 | 0 | 0 | 0 | 0 | 0 | 0 | 4 | 19 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Refuge Brewing Baja Crush Hazy IP | 260 | 256 | 0 | 0 | 0 | 0 | 0 | 0 | 37 | 23 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Revision Disco Ninja | 310 | 305 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Sierra Nevada Hazy Little Thing | 290 | 285 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 27 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Sierra Nevada Pale Ale | 230 | 233 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 19 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Smog City Hoptonic IPA | 220 | 220 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 14 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (16 fluid ounces) with Societe The Pupil IPA | 270 | 267 | 0 | 0 | 0 | 0 | 0 | 0 | 13 | 16 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Almanac Beer Company Love Hazy | 290 | 292 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 25 | 0 | 2 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Ballast Point Sculpin IPA | 410 | 408 | 0 | 0 | 0 | 0 | 0 | 0 | 25 | 39 | 0 | 0 | 3 | 0 | 0 | 23 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Beachwood BBQ Citraholic IPA | 290 | 292 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 25 | 2 | 0 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Brouwerij West Picnic Lightning Haz | 350 | 350 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Drakes Denogginizer Double IPA | 450 | 453 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 27 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with El Segundo Broken Skull | 350 | 350 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 23 | 0 | 2 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Elysian Space Dust IPA | 380 | 382 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 25 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Firestone Brewing Mind Haze IPA | 340 | 342 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 26 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Four Peaks Hopknot IPA | 340 | 335 | 0 | 0 | 0 | 0 | 0 | 0 | 42 | 25 | 0 | 3 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Fremont Sky Kraken | 280 | 275 | 0 | 0 | 0 | 0 | 0 | 0 | 25 | 25 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Garage Brewing Supercharged IPA | 350 | 350 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 26 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Gunwhale Bait Ball IPA | 380 | 383 | 0 | 0 | 0 | 0 | 0 | 0 | 33 | 33 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |

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|---|-----|-----|---|---|---|---|---|----|----|---|---|---|---|---|----|---|
| Pale Ales and IPAs (20 fluid ounces) with Hangar 24 Mango Island IPA | 310 | 308 | 0 | 0 | 0 | 0 | 0 | 0 | 27 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Kern River Just Outstanding IPA | 320 | 317 | 0 | 0 | 0 | 0 | 0 | 17 | 27 | 2 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with King Harbor Tiki Hut IPA | 280 | 283 | 0 | 0 | 0 | 0 | 0 | 17 | 17 | 0 | 0 | 5 | 0 | 0 | 33 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Knee Deep Breaking Bud | 300 | 302 | 0 | 0 | 0 | 0 | 0 | 21 | 19 | 0 | 0 | 3 | 0 | 0 | 35 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Lovelady Love Juice Hazy IPA | 360 | 357 | 0 | 0 | 0 | 0 | 0 | 0 | 34 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Modern Times Orderville | 360 | 355 | 0 | 0 | 0 | 0 | 0 | 49 | 26 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with New Belgium Voodoo Ranger IPA | 320 | 317 | 0 | 0 | 0 | 0 | 0 | 17 | 25 | 0 | 0 | 0 | 0 | 0 | 45 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Offshoot Relax It's Just A Hazy IPA | 340 | 342 | 0 | 0 | 0 | 0 | 0 | 5 | 23 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Refuge Brewing Baja Crush Hazy IP | 320 | 320 | 0 | 0 | 0 | 0 | 0 | 47 | 29 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Revision Disco Ninja | 380 | 382 | 0 | 0 | 0 | 0 | 0 | 0 | 38 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Sierra Nevada Hazy Little Thing | 360 | 357 | 0 | 0 | 0 | 0 | 0 | 0 | 34 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Sierra Nevada Pale Ale | 290 | 292 | 0 | 0 | 0 | 0 | 0 | 0 | 23 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Smog City Hoptonic IPA | 280 | 275 | 0 | 0 | 0 | 0 | 0 | 0 | 18 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (20 fluid ounces) with Societe The Pupil IPA | 330 | 333 | 0 | 0 | 0 | 0 | 0 | 17 | 20 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Almanac Beer Company Love Hazy | 310 | 306 | 0 | 0 | 0 | 0 | 0 | 18 | 26 | 0 | 2 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Ballast Point Sculpin IPA | 430 | 428 | 0 | 0 | 0 | 0 | 0 | 27 | 41 | 0 | 0 | 3 | 0 | 0 | 24 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Beachwood BBQ Citraholic IPA | 310 | 306 | 0 | 0 | 0 | 0 | 0 | 18 | 26 | 2 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Brouwerij West Picnic Lightning Haz | 370 | 368 | 0 | 0 | 0 | 0 | 0 | 0 | 32 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Drakes Denogginizer Double IPA | 480 | 476 | 0 | 0 | 0 | 0 | 0 | 0 | 28 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with El Segundo Broken Skull | 370 | 368 | 0 | 0 | 0 | 0 | 0 | 18 | 24 | 0 | 2 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Elysian Space Dust IPA | 400 | 401 | 0 | 0 | 0 | 0 | 0 | 0 | 26 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Firestone Brewing Mind Haze IPA | 360 | 359 | 0 | 0 | 0 | 0 | 0 | 0 | 27 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Four Peaks Hopknot IPA | 350 | 352 | 0 | 0 | 0 | 0 | 0 | 44 | 26 | 0 | 4 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Fremont Sky Kraken | 290 | 289 | 0 | 0 | 0 | 0 | 0 | 26 | 26 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Garage Brewing Supercharged IPA | 370 | 367 | 0 | 0 | 0 | 0 | 0 | 0 | 28 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Gunwhale Bait Ball IPA | 400 | 402 | 0 | 0 | 0 | 0 | 0 | 35 | 35 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Hangar 24 Mango Island IPA | 320 | 324 | 0 | 0 | 0 | 0 | 0 | 0 | 28 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Kern River Just Outstanding IPA | 330 | 333 | 0 | 0 | 0 | 0 | 0 | 18 | 28 | 2 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with King Harbor Tiki Hut IPA | 300 | 298 | 0 | 0 | 0 | 0 | 0 | 18 | 18 | 0 | 0 | 5 | 0 | 0 | 35 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Knee Deep Breaking Bud | 320 | 317 | 0 | 0 | 0 | 0 | 0 | 22 | 20 | 0 | 0 | 4 | 0 | 0 | 37 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Lovelady Love Juice Hazy IPA | 370 | 375 | 0 | 0 | 0 | 0 | 0 | 0 | 36 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Modern Times Orderville | 370 | 373 | 0 | 0 | 0 | 0 | 0 | 51 | 27 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with New Belgium Voodoo Ranger IPA | 330 | 333 | 0 | 0 | 0 | 0 | 0 | 18 | 26 | 0 | 0 | 0 | 0 | 0 | 47 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Offshoot Relax It's Just A Hazy IPA | 360 | 359 | 0 | 0 | 0 | 0 | 0 | 5 | 24 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Refuge Brewing Baja Crush Hazy IP | 340 | 336 | 0 | 0 | 0 | 0 | 0 | 49 | 31 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Revision Disco Ninja | 400 | 401 | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

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|---|-----|-----|---|---|---|---|---|----|----|---|---|---|---|---|----|---|
| Pale Ales and IPAs (21 fluid ounces) with Sierra Nevada Hazy Little Thing | 370 | 375 | 0 | 0 | 0 | 0 | 0 | 0 | 36 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Sierra Nevada Pale Ale | 310 | 306 | 0 | 0 | 0 | 0 | 0 | 0 | 25 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Smog City Hoptonic IPA | 290 | 289 | 0 | 0 | 0 | 0 | 0 | 0 | 18 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (21 fluid ounces) with Societe The Pupil IPA | 350 | 350 | 0 | 0 | 0 | 0 | 0 | 18 | 21 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Almanac Beer Company Love Hazy | 440 | 438 | 0 | 0 | 0 | 0 | 0 | 25 | 38 | 0 | 3 | 8 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Ballast Point Sculpin IPA | 610 | 611 | 0 | 0 | 0 | 0 | 0 | 38 | 59 | 0 | 0 | 4 | 0 | 0 | 35 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Beachwood BBQ Citraholic IPA | 440 | 438 | 0 | 0 | 0 | 0 | 0 | 25 | 37 | 3 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Brouwerij West Picnic Lightning Haz | 530 | 525 | 0 | 0 | 0 | 0 | 0 | 0 | 45 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Drakes Denogginizer Double IPA | 680 | 680 | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 7 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with El Segundo Broken Skull | 530 | 525 | 0 | 0 | 0 | 0 | 0 | 25 | 35 | 0 | 3 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Elysian Space Dust IPA | 570 | 573 | 0 | 0 | 0 | 0 | 0 | 0 | 38 | 0 | 0 | 8 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Firestone Brewing Mind Haze IPA | 510 | 513 | 0 | 0 | 0 | 0 | 0 | 0 | 38 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Four Peaks Hopknot IPA | 500 | 503 | 0 | 0 | 0 | 0 | 0 | 62 | 38 | 0 | 5 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Fremont Sky Kraken | 410 | 413 | 0 | 0 | 0 | 0 | 0 | 38 | 38 | 0 | 0 | 5 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Garage Brewing Supercharged IPA | 520 | 525 | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Gunwhale Bait Ball IPA | 570 | 575 | 0 | 0 | 0 | 0 | 0 | 50 | 50 | 0 | 0 | 8 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Hangar 24 Mango Island IPA | 460 | 463 | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Kern River Just Outstanding IPA | 480 | 475 | 0 | 0 | 0 | 0 | 0 | 25 | 40 | 3 | 0 | 8 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with King Harbor Tiki Hut IPA | 430 | 425 | 0 | 0 | 0 | 0 | 0 | 25 | 25 | 0 | 0 | 8 | 0 | 0 | 50 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Knee Deep Breaking Bud | 450 | 453 | 0 | 0 | 0 | 0 | 0 | 32 | 28 | 0 | 0 | 5 | 0 | 0 | 53 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Lovelady Love Juice Hazy IPA | 540 | 535 | 0 | 0 | 0 | 0 | 0 | 0 | 52 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Modern Times Orderville | 530 | 533 | 0 | 0 | 0 | 0 | 0 | 73 | 39 | 0 | 0 | 6 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with New Belgium Voodoo Ranger IPA | 480 | 475 | 0 | 0 | 0 | 0 | 0 | 25 | 38 | 0 | 0 | 0 | 0 | 0 | 68 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Offshoot Relax It's Just A Hazy IPA | 510 | 513 | 0 | 0 | 0 | 0 | 0 | 8 | 35 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Refuge Brewing Baja Crush Hazy IF | 480 | 480 | 0 | 0 | 0 | 0 | 0 | 70 | 44 | 0 | 0 | 8 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Revision Disco Ninja | 570 | 573 | 0 | 0 | 0 | 0 | 0 | 0 | 57 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Sierra Nevada Hazy Little Thing | 540 | 535 | 0 | 0 | 0 | 0 | 0 | 0 | 52 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Sierra Nevada Pale Ale | 440 | 438 | 0 | 0 | 0 | 0 | 0 | 0 | 35 | 0 | 0 | 4 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Smog City Hoptonic IPA | 410 | 413 | 0 | 0 | 0 | 0 | 0 | 0 | 26 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pale Ales and IPAs (30 fluid ounces) with Societe The Pupil IPA | 500 | 500 | 0 | 0 | 0 | 0 | 0 | 25 | 30 | 0 | 0 | 8 | 0 | 0 | 0 | 0 |
| Pizza Port Shark Bite Red Ale (16 fluid ounces) | 230 | 232 | 0 | 0 | 0 | 0 | 0 | 41 | 19 | 0 | 0 | 2 | 0 | 0 | 0 | 0 |
| Pizza Port Shark Bite Red Ale (22 fluid ounces) | 320 | 319 | 0 | 0 | 0 | 0 | 0 | 57 | 26 | 0 | 0 | 3 | 0 | 0 | 0 | 0 |
| Sam Adams Boston Lager (16 fluid ounces) | 240 | 240 | 0 | 0 | 0 | 0 | 0 | 0 | 25 | 0 | 1 | 3 | 0 | 0 | 6 | 0 |
| Sam Adams Boston Lager (22 fluid ounces) | 330 | 330 | 0 | 0 | 0 | 0 | 0 | 0 | 34 | 0 | 2 | 4 | 0 | 0 | 8 | 0 |

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|---|-----|-----|---|---|---|---|---|----|----|---|----|---|---|---|----|---|
| Wines (9 fluid ounces) with Champagne | 230 | 234 | 0 | 0 | 0 | 0 | 0 | 0 | 11 | 0 | 4 | 0 | 0 | 0 | 0 | 0 |
| Wines (9 fluid ounces) with Chardonnay | 170 | 171 | 0 | 0 | 0 | 0 | 0 | 9 | 5 | 0 | 3 | 1 | 0 | 0 | 0 | 0 |
| Wines (9 fluid ounces) with Merlot | 220 | 221 | 0 | 0 | 0 | 0 | 0 | 11 | 7 | 0 | 2 | 0 | 0 | 0 | 22 | 1 |
| Wines (9 fluid ounces) with Pinot Grigio | 220 | 221 | 0 | 0 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Wines (9 fluid ounces) with Pinot Noir | 220 | 220 | 0 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Wines (9 fluid ounces) with Riesling | 220 | 216 | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Wines (9 fluid ounces) with Sauvignon Blanc | 220 | 218 | 0 | 0 | 0 | 0 | 0 | 0 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Wines (750 milliliters) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Wines (750 milliliters) with Cabernet Sauvignon | 620 | 624 | 0 | 0 | 0 | 0 | 0 | 0 | 19 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Wines (750 milliliters) with Champagne | 660 | 659 | 0 | 0 | 0 | 0 | 0 | 0 | 30 | 0 | 10 | 0 | 0 | 0 | 0 | 0 |
| Wines (750 milliliters) with Chardonnay | 480 | 482 | 0 | 0 | 0 | 0 | 0 | 25 | 15 | 0 | 7 | 3 | 0 | 0 | 0 | 0 |
| Wines (750 milliliters) with Merlot | 620 | 624 | 0 | 0 | 0 | 0 | 0 | 30 | 19 | 0 | 5 | 1 | 0 | 0 | 61 | 3 |
| Wines (750 milliliters) with Pinot Grigio | 620 | 624 | 0 | 0 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Wines (750 milliliters) with Pinot Noir | 620 | 619 | 0 | 0 | 0 | 0 | 0 | 0 | 17 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Wines (750 milliliters) with Riesling | 610 | 609 | 0 | 0 | 0 | 0 | 0 | 0 | 28 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Wines (750 milliliters) with Sauvignon Blanc | 610 | 614 | 0 | 0 | 0 | 0 | 0 | 0 | 15 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |